

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	<p><b><u>New Beginnings</u></b></p> <p>To learn what a community is.</p> <p>To understand that you belong to a community.</p> <p>To understand that everybody is different.</p> <p>To recognise what I am good at.</p> <p>To understand ways people might be if they are sad or upset.</p> <p>To recognise ways that you can calm someone down and help them to feel better.</p> <p>To identify what makes a safe classroom.</p>	<p><b><u>Relationships</u></b></p> <p>To share opinions that matter to you.</p> <p>To recognise that family and friends should care for each other.</p> <p>To identify the people who are important to you.</p> <p>To understand what it means to feel jealous.</p> <p>To recognise when someone I care for does something that makes me feel proud.</p>	<p><b><u>Getting on &amp; Falling Out</u></b></p> <p>To understand what being a good friend is.</p> <p>To understand what can happen when I feel angry.</p> <p>To learn different ways to calm myself down and relax.</p>	<p><b><u>Going for Goals</u></b></p> <p>To recognise what I am good at with my learning.</p> <p>To learn from my experiences.</p> <p>To know how to set a simple goal.</p> <p>To recognise how my behaviour affects other people achieving their goal.</p>	<p><b><u>Good to be me</u></b></p> <p>To recognise what I am good at. (In and outside of school).</p> <p>To identify what has made you become good at something.</p> <p>To understand what it means to feel proud of someone / something.</p>	<p><b><u>Changes</u></b></p> <p>To discuss changes that have happened to me.</p> <p>To recognise things that will change.</p> <p>I can talk about changes that will happen as I get older.</p> <p>I can recognise that some changes may be hard.</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2	<p><b><u>New Beginnings</u></b></p> <p>To explain what a community is and that you belong to a community.</p> <p>To explain what makes a safe classroom.</p> <p>To explain how I am similar to other children in my class.</p> <p><b>Health</b></p> <p>I can identify ways that adults care for me.</p> <p>I can identify what is safe to put in my body.</p>	<p><b><u>Relationships</u></b></p> <p>To understand what it means to care for someone.</p> <p>To be able to express my feelings.</p> <p>To understand that sometimes people have to make choices they have no control over.</p>	<p><b><u>Getting on and Falling Out</u></b></p> <p>To understand what it means to give a compliment.</p> <p>To understand things from someone else's point of view.</p> <p>To review how my learning is going with a group of children.</p> <p>To identify ways to solve problems to make a situation better.</p>	<p><b><u>Going for Goals</u></b></p> <p>I can recognise what helps me learn best.</p> <p>To set an achievable goal.</p> <p>To recognise when I am finding work hard or frustrating.</p> <p>To give suitable, reasonable responses for my choices.</p> <p>To reflect on my learning and identify what I could improve.</p>	<p><b><u>Good to be me</u></b></p> <p>To identify the things I am good at and the things I find difficult.</p> <p>I can recognise what I am good at.</p> <p>To discuss my own learning.</p> <p>To identify something that makes me feel proud.</p> <p>To identify things that make me feel anxious.</p> <p>I can use words to express my feelings.</p> <p>I can relax my body and explain what relaxed means.</p> <p>To understand what bullying is &amp; what to do if someone is being bullied.</p> <p>To identify the appropriate behaviours towards someone who is being bullied.</p>	<p><b><u>Changes</u></b></p> <p>To understand what a habit is.</p> <p>To take responsibility for my actions.</p> <p>To plan to make a positive change to school.</p> <p>To find a way to solve a problem.</p> <p>To recognise that I am responsible for the decisions I make about my behaviour and learning.</p>

