

Hi Everyone!

As you are aware, Emscote and All Saints' are taking part in a two-year Erasmus Project called: 'How Healthy Are You?'. During these two years, we will be carrying out different activities to make us healthier and we will be comparing these ideas with other schools in: Turkey, Italy, Spain and Wales.

To help you keep busy, we have come up with some activities you could do as some home learning activities, to help us keep this brilliant project moving along and to keep the children thinking of ways to stay healthy. Over the next few weeks, if your child/children could complete some of these activities listed below and email it to the school office on: admin2332@welearn365.com (Emscote) or admin3154@welearn365.com (All Saints') that would be super!

Thank you very much for your continued support!

We hope you are all well and keeping safe.

Mr Queralt, Mrs Stephenson and Mrs Wilkins 😊

Write a song or poem which encourages people on what to do to stay healthy.



Design a recipe book of yummy healthy recipes people could try. Insert pictures.

(You could even use these recipes yourself and insert pictures of the finished product and you making it)

Create a collage or a piece of art which is based on healthy eating.



(You could even use real food as part of your art work and take a picture of what you've created.)

Come up with a **traditional game** you like to play with your friends or on your own and write up simple instructions to explain the rules. The game can be played indoor or outdoor.

(These will be sent to the other countries so try and make the instructions simple. You could even put some pictures to explain each step or film yourself completing the game-please ask permission!)

Design an obstacle course in your house or in your garden that you could use to keep fit and exercise. Take pictures, write the steps or draw a map of the activities people need to do.



You could even use chalk to design an exercise track on a pavement outside your house or on your patio (like we have in school) for everyone to use.

Create a quiz which tests people's knowledge on how to stay healthy. You could even do some research to help you collate your answers.

(It can either include true or false questions or be multiple choice- Make sure you include the answers at the end!)

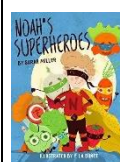
Or

Create a board game which includes questions on how to stay healthy.



Create a model out of your recycling. Be as creative as you want! Send us a picture of your product!

Design a poster which encourages people to look after our environment and to not drop litter.



Write a story around our project 'How Healthy Are You?'.
