

Weekly Menu

Week one

Week Commencing: 31/08, 21/09, 12/10, 9/11, 30/11, 4/1/21, 25/1, 22/2, 15/3, 19/4. 10/5. 7/6. 28/6. 19/7.

Choose a main meal.

British Pork Sausages with Gravy and Creamy Mashed Potatoes

(v h) Chinese Style Quorn with Noodles

Choose a main meal...

Barbeque Marinated British Chicken Breast Wrap, Baked Potato Wedges

(v,h) Chef's Free Range Omelètte with Baked Potato Wedges

Choose a main meal... WEDNESDAY ROAST

British Roast Pork Joint or Loin Steak or Gammon Joint, Apple Sauce, Gravy and Crispy Roast Potatoes

(v) Veggie Sausage Toad in the Hole. Gravy and Crispy Roast Potatoes

Choose a main meal

(h) Lowerhurst Farm Organic Beef Bolognaise with Pasta and Malted Wheat Baguette

(v.h) Cheddar Cheese and Potato Pie

Choose a main meal... **FISHY FRIDAY**

(msc) *Crispy Fishcake with Criss-Cross Potatoes

(v,h) Cheese and Tomato Pizza with Criss-Cross Potatoes

MONDAY

On the side... Vegetables of the Day

For dessert...

(v) Strawberry Swirl Mousse (v) Cheddar Cheese, Crackers and Apple Slices (v) Organic Yoghurt or Fresh Fruit

TUESDAY

On the side...

Fresh Salad Corn on the Cob Peas

For dessert...

(v.h) Iced Mandarin Sponge (v) Organic Yoghurt of Fresh Fruit

WEDNESDAY

Vegetables of the Day

On the side...

For dessert...

(v,h) Apple Pie and Custard

(v) Ice Cream Tub (v) Organic Yoghurt or Fresh Fruit

THURSDAY

On the side...

Vegetables of the Day Baked Beans

For dessert...

(v) Chocolate Mousse with Fruit in Juice on the Side (vg,h) Crunch Cookie (v) Organic Yoghurt or Fresh Fruit

FRIDAY

On the side... Peas Baked Beans

For dessert...

(v.h) Sticky Ginger Cake (v) Organic Yoghurt or Fresh Fruit

Week Commencing: 7/9, 28/9, 19/10, 16/11, 7/12, 11/1/21, 1/2, 1/3, 22/3, 26/4, 17/5 14/6 5/7

Choose a main meal...

Organic Pork Meathalls, Rich and Rustic Tomato Gravy and Pasta

(v.h) Vegetable Cottage Pie with Cheesy Topped Mash and Malted Wheat Baguette

TUESDAY

On the side

For dessert...

Choose a main meal...

Brunch Lunch - Bacon Medallion, Pork Sausage, Omelette and Baked Potato Wedges

(v.h) Mild and Creamy Quorn Korma with Wholegrain Rice

Choose a main meal...

Yorkshire Pudding, Gravy

and Crispy Roast Potatoes

(vg,h) Veggie Bolognaise

Choose a main meal...

Choose a main meal...

with Chipped Potatoes

(v) Quorn Nuggets

with Rainbow Rice

FISHY FRIDAY

(h) British Chicken Pie with Gravv.

Creamy Mash or Crispy Potatoes

(vg,h) Veggie Sausages with Gravy,

(msc) Gluten Free Breaded Fish Fillet

Creamy Mash or Crispy Potatoes

WEDNESDAY ROAST

British Roast Beef.

with Noodles

On the side... Baked Beans

Peas

For dessert...

(v,h) Chef's Sponge Cake Choice with Fruit in Juice on the Side (v) Organic Yoghurt or Fresh Fruit

MONDAY

(vg h) Chef's Choice Flaniack

(v) Organic Yoghurt or Fresh Fruit

Vegetables of the Day

WEDNESDAY

On the side... Vegetables of the Day

For dessert...

(v,h) Fruit Crumble and Custard (v) Ice Cream Tub (v) Organic Yoghurt or Fresh Fruit

THURSDAY

On the side...

Vegetables of the Day

For dessert...

(vg.h) Chocolate Shortbread (v) Organic Yoghurt or Fresh Fruit

FRIDAY

On the side... Peas

Baked Beans For dessert...

(v) Two Dinky Doughnuts with Dipping Sauce (v) Organic Yoghurt or Fresh Fruit

Week three

Week Commencing: 14/9, 5/10, 2/11, 23/11, 14/12, 18/1/21, 8/2, 8/3, 29/3, 3/5, 24/5 21/6 12/7

Choose a main meal MEAT FREE MONDAY

Choose a main meal...

(v) Cheese and Tomato Pizza with Baked Potato Wedges

(vg) Breadcrumbed Vegetable Fingers with Baked Potato Wedges

Lowerhurst Farm Organic Beef Grill in a

High Fibre Bun with Crispy Potatoes

(v,h) Cheesy Pasta Bake with

Malted Wheat Baquette

Choose a main meal...

Choose a main meal...

Wedges

Lasagne with Garlic Bread

WEDNESDAY ROAST

MONDAY

On the side

Peas Baked Beans

For dessert...

(vg h) Chocolate Cracknel (v) Organic Yoghurt or Fresh Fruit

TUESDAY

On the side...

Fresh Salad Mixed Vegetables

For dessert...

Jelly with Fruit (v) Ice Cream Tub (v) Organic Yoghurt or Fresh Fruit

British Roast Chicken Joint or Fillet, Gravy and Crispy Roast Potatoes

(v,h) Mild and Creamy Vegetable Korma with Wholegrain Rice

(h) Lowerhurst Farm Organic Beef

(vg) Veggie Hot Dog in a Finger Roll

with Ketchup and Baked Potato

On the side...

Vegetables of the Day

For dessert...

(v.h) Up-Beet Chocolate Cake and Hot Chocolate Sauce

(v) Organic Yoghurt or Fresh Fruit

THURSDAY

On the side

Fresh Salad Vegetables of the Day

For dessert...

(vg.h) Zesty Orange Cookie (v) Organic Yoghurt or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes

(v,h) Jacket Potato with Cheddar Cheese

On the side...

Peas **Baked Beans**

For dessert...

(v.h) Pupil's Favourite Fruit Muffin (v) Ice Cream Tub

(v) Organic Yoghurt or Fresh Fruit

Everyday we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk and a Fresh Bread Basket. Ketchup is offered with selected dishes.

Vegetable accompaniments change to reflect seasonal availability.

(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood





Please contact your school cook for information regarding the content of dishes and products on our menu.

MEALS

UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch every day. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.



IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



PROMOTIONS



Mythical Creatures Menu - October

Hello Yellow - World Mental Health Day - October

Bonfire Banquet - 5th November

Food for Life Roast Dinner Day - November

Chinese New Year - February

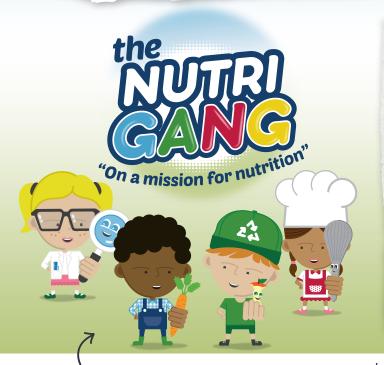
World Book Day - March

Pupil Favourite Lunch - May

Sport's Day Picnic - July

...and not forgetting our Amazing Christmas Lunches with all the trimmings – December

Please note not all schools participate in all themed events, check with your child's school for more details.





Fact 1

We are the school meal specialists serving over 130,000 meals every week.

Fact 2

At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

Fact 3

All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

Fact 4

We work with NHS dietetics teams across the region to support customers with special dietary needs.

Fact 5

Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

Join our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at
Educaterers Join Our Team
or via the link on our website.



Find out more about Saffron, Iris, Reece and Doug, our NUTRIGANG at www.educaterers.co.uk







