

Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
GET HEARTSMART (Meet Boris)	Boris' Beginnings Boris the Robot story – which voice should he listen to? STORY PSED - MR	Build-a-Boris Make a robot from junk ACTIVITY PSED - SC/SA	Boris Shapes Make a robot from 2D shapes ACTIVITY PSED - SC/SA	Happy and you know it Song to demonstrate different emotions ACTIVITY PSED - MFB	Boris Face dough Different emotions using play dough ACTIVITY PSED - MFB	Boris' Hanging Hearts Heart rewards for children who are caught being kind ACTIVITY PSED - MR	Heart Hunt Looking for hidden hearts GAME PSED - MR
DON'T FORGET TO LET LOVE IN (I am special)	VIP Crowns Design and make a crown ACTIVITY PSED - SC/SA	Mirror, mirror Describe self in mirror and draw self-portrait ACTIVITY PSED - MR	I am special because I am... Game to encourage children to think about why they are special GAME PSED - SC/SA	I am special song Children to suggest reasons they are special CIRCLE TIME PSED - SC/SA	Fingerprint tree Looking at uniqueness of fingerprints ACTIVITY PSED - SC/SA	Who am I? Children to find different objects they like ACTIVITY PSED - SC/SA	All about me ball Circle time to tell the other children about yourself CIRCLE TIME PSED - SC/SA
TOO MUCH SELFIE ISN'T HEALTHY (I love others)	Boris' story Who loves and cares for Boris? Who do you love and care for? CIRCLE TIME PSED - MR	My House Who lives in your house? ACTIVITY PSED - SC/SA	I love to... Discussion about who you love and what you love to do together ACTIVITY PSED - MR	Friendship web Circle time to use kind/encouraging words about one another CIRCLE TIME PSED - MR	A friend in need Game about looking out for and helping friends in need GAME PSED - MR	Bird Feeders How can we love the wildlife in our garden? ACTIVITY PSED - SC/SA	Thank you for helping me Thanking members of the school community for their help ACTIVITY PSED - SC/SA

DON'T RUB IT IN, RUB IT OUT (I am a good friend)	Super Friends Discussing what makes a super friend ACTIVITY PSED - MR	Sharing Island Game Game to encourage sharing and cooperation GAME PSED - MR	Robots and Mechanics Listening to instructions and co-operating with one another GAME PSED - MR	I am a kind friend Helping children find simple ways to be kind to each other ACTIVITY PSED - MR	Grumpy Frog Story Exploring saying sorry through story STORY PSED - MFB	Emoji emotions Encouraging children to describe how they are feeling using emojis CIRCLE TIME PSED - MFB	Listen to me Game to encourage children to listen to one another GAME PSED - MR
FAKE IS A MISTAKE (I tell the truth)	Boris and the Scrapman's lies Children to differentiate between lies and truth ACTIVITY PSED - MFB	Cheer up Boris! Write or draw a postcard for Boris using kind and encouraging words ACTIVITY PSED - MFB	Sorting words Sorting words into kind and unkind ACTIVITY PSED - MFB	The Truth according to Arthur story Talking about the importance of telling the truth. STORY PSED - MFB	Animal Game – thankful to be me Pretending to be something else is fun but being me is better ACTIVITY PSED - SC/SA	Thankful Walk Walk around school to spot things children are thankful for ACTIVITY PSED - SC/SA	Thankful Heart Circle time to think about what the children are thankful for CIRCLE TIME PSED - SC/SA
NO WAY THROUGH, ISN'T TRUE (I can do it!)	I can challenge Series of challenges for children to practise and complete ACTIVITY PSED - SC/SA	With my...I can... Describing different things the children can do with their amazing body CIRCLE TIME PSED - SC/SA	Stuck! Circle time to consider what to do when the children are stuck CIRCLE TIME PSED - SC/SA	We're Going on a Bear Hunt Interactive retelling of the story ACTIVITY PSED - MFB	Road Blocks Moving cars around the mat by adhering to the road signs ACTIVITY PSED - SC/SA	Cup stack challenge Challenge to see how many cups the children can stack before they collapse ACTIVITY PSED - SC/SA	Nuts and Bolts Challenge the children to match the correct nuts to the correct bolts ACTIVITY PSED - SC/SA