

# Emscote Express

Issue 11, 7th February 2020

## February

11<sup>th</sup> and 13<sup>th</sup> Parents' evening  
14<sup>th</sup> School disco 4-5.30pm  
17<sup>th</sup> – 21<sup>st</sup> HALF TERM  
24<sup>th</sup> Book bus in school  
24<sup>th</sup> Living Eggs arrive in school  
26<sup>th</sup> Learning together Sycamore 9-10am  
26<sup>th</sup> Learning together Oak 2-3pm  
27<sup>th</sup> Learning learning Chestnut 9-10am  
27<sup>th</sup> Learning learning workshop Maple 2-3pm

## March

2<sup>nd</sup> – 6<sup>th</sup> Science Week  
4<sup>th</sup> Yr 1 trip to Shakespeare House  
5<sup>th</sup> World book day (non school uniform/dress up)  
6<sup>th</sup> Chestnut sharing assembly 9am  
**9-13<sup>th</sup> Sport Relief Week (more details to follow)**

13<sup>th</sup> Sycamore sharing assembly 9am  
19<sup>th</sup> Mother's Day Afternoon Tea 2.15pm  
20<sup>th</sup> Oak sharing assembly 9am  
23<sup>rd</sup> Height/weight checks for reception year  
27<sup>th</sup> Cherry sharing assembly 9am  
**27<sup>th</sup> Dress down for Easter egg tombola prize**  
**27<sup>th</sup> Easter Egg Bingo**

## April

1<sup>st</sup> Silly sock day, raising awareness for autism  
**1<sup>st</sup> Easter Egg tombola**  
2<sup>nd</sup> Easter church service  
3<sup>rd</sup> Willow sharing assembly 9am  
3<sup>rd</sup> TERM FINISHES  
20<sup>th</sup> RETURN TO SCHOOL

## May

8<sup>th</sup> VE Day Bank Holiday – school closed  
**13<sup>th</sup> Reception trip to Brandon Marsh**  
25<sup>th</sup> – 2<sup>nd</sup> June HALF TERM

## June

1<sup>st</sup> Inset day – school closed  
**19<sup>th</sup> All Saints' PTA Summer Fair**

## July

4<sup>th</sup> Emscote PTA Summer Fair  
**16<sup>th</sup> End of term church service**  
17<sup>th</sup> – TERM FINISHES for pupils.



## Flipping Fun!

As in previous years we are entering a team in the **Rotary Pancake Races** on Tuesday 25<sup>th</sup> February at 1.30pm in Warwick Market Place. Please let the office or class teacher know if you are able to help on the day. Feel free to come and cheer us on too!

## Safer Internet Day - 11<sup>th</sup> February

We are encouraging all children to enter a poster competition to help them understand how to keep safe on the internet. Information sheets will be given out as homework, so keep an eye out and help children think about this issue. Matt Crowley, Governor, will award a prize for the winning poster and reinforce the importance of e-safety in an assembly.

## Learning Together Workshops

This term the year 1 and 2 Learning Together Workshops will focus on literacy. These help parents to support their child's learning, so every child needs an adult to attend with them. Please confirm attendance using our text system or let the office know.

**Sycamore 26<sup>th</sup> Feb 9-10am**

**Oak 26<sup>th</sup> Feb 2-3pm**

**Chestnut 27<sup>th</sup> Feb 9-10am**

**Maple 27<sup>th</sup> Feb 2-3pm**

## World Book Day – 5<sup>th</sup> March

Please can children bring a favourite book into school to share with the class. Children are welcome to dress as a book character of their choice, but we understand if children would prefer to come in non-school uniform.

## After School Clubs

School clubs started back w/c 13<sup>th</sup> Jan and are due to finish w/c 23<sup>rd</sup> March. Please remember Spaghetti Maths will start the first Tuesday after half term.

### **Volunteers needed**

We are looking for parent or grandparent helpers to read with the children in school. Please contact your teacher or the office if are able to spare an hour or two of your time each week. Your help is much appreciated.

### **Certificates/achievement awards**

We understand that parents sometimes need to leave assembly early due to work commitments and we are happy to present awards at the beginning of assembly if and when this helps. Please just let the office know and we can arrange this for you.

### **Packed lunches**

Please ensure you are providing a range of healthy foods in children's packed lunches and avoid crisps, sweets and sugary drinks.

### **School uniform**

Please can we remind parents that children are not allowed to wear nail varnish or jewellery in school and to keep hair accessories to a minimum (no JoJo style bows please). There has also been an increase in toys/card games being brought into school. We would prefer to keep breaks as a time for running around, so please no toys or games in school. Thank you.

### **Mother's Day Artwork – deadline 4<sup>th</sup> March 2020**

Please look out for letters and children's artwork for our Mother's Day fundraiser organised by the PTA. All artwork and order forms to be returned by 4<sup>th</sup> March. Please make sure the correct money is given to us in a named enveloped.

### **Warwick Half Marathon**

The Emscote and All Saints PTA are looking for a team of parents and staff to run the Warwick Half Marathon on 1<sup>st</sup> March. If you are interested in joining up or have any contacts that would be interested in designing a team t-shirt please email [emscoteandallsaintspta@gmail.com](mailto:emscoteandallsaintspta@gmail.com)

### **'Save the Children' Fundraiser**

Scarlett Day in year 1 has just signed up to do a 5km Mini Military Mud Run for a charity called 'Save the Children' with the event to be held on Sunday 21st June. Scarlett is incredibly proud of what she is going to do and any encouragement and support would go such a long way. If you'd like to sponsor her please see Mrs Madagan or another teacher in Oak class.

### **4<sup>th</sup> Warwick Brownies (All Saints)**

Takes place on a Tuesday 6-7.30pm (age 7-10 years) at All Saints Contact Centre. If you are interested in signing up please call 0786065114 or register interest on line at <https://www.girlguiding.org.uk/what-we-do/brownies-7-10/>

### **5p Challenge**

The PTA are organising a 5p challenge for each class. Children can bring in 5ps to fill up a lemonade bottle, and the class with the most 5ps will get a prize. Any money raised by the class will go into class funds so every class is a winner! The challenge will be launched after February half term and run until the Easter break.

## New Chickens

We are really pleased to welcome 5 new additions to our chicken family! We will be holding a competition to name them, but wanted to show off the beautiful eggs they laid for us this morning. Thank you to the PTA and to The Domestic Fowl Trust in Snitterfield for their funding and support.



## Mathletics Competition winners

There was much excitement in assembly today when Mrs Cossins drew the winners of the Mathletics Prize Draw! Well done to all those who took part and worked so hard to achieve their certificates.



**Congratulations to our All Saints & Emscote Voices choir** on their fantastic performance at the Young Voices concert at the Resorts World Arena in Birmingham last week. After months of practice and hard work, their dedication paid off as they joined a further 6,150 children and sang with Tony Hadley, The Shires and The Voice 2018 winner Ruti. It was an unforgettable day for everyone, however the choir are not ready to rest yet. Their next performance will be at the Royal Albert Hall on 3rd June 2020. We are all very proud of them!





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**Use your incredible  
human power to cycle,  
walk or scoot to school!**

**Travel around the body, learning,  
exploring and getting active this Big Pedal.  
The top schools win fabulous prizes.**

**Are you taking part?**

**22 April – 5 May**

**Join us in the Big Pedal!**

Mrs Vallins and Mr Queralt are keen to get as many of us involved in The Big Pedal this year. On each day of the challenge schools compete to see who can record the greatest number of pupils, staff and parents cycling, walking or scooting. A school's best 5 days will determine their final position and schools at the top of their leader boards will receive an exclusive Sustrans Big Pedal certificate and also be entered into a daily prize draw.

We hope you'll join us!

# WHAT AM I FEELING?



## THE "EMOTIONALLY-DISMISSIVE" PARENT/TEACHER

### Says:

*"You don't need to be sad. It's not that bad. Put a smile on your face. There's no reason to be unhappy."*

### The child feels:

- Ignored or disregarded when he has strong feelings
- He learns that emotions are "bad" and need to be "fixed" quickly
- He doesn't learn how to handle his emotions, and has trouble with other children's emotions

### These children may:

- Feel diminished or dismissed
- Are reluctant to come to you when they feel sad or angry
- Begin to dis-miss their own feelings and the feelings of others

## THE "EMOTIONALLY-FREEDOM" PARENT/TEACHER

### Says:

*"That's it, just let your feelings out. You can hit and kick the pillow over there."*

### The child feels:

- Comfortable in expressing his feelings and knows that it's acceptable to show emotions, whatever they are. But, there are no limits on her behaviour and little guidance as to how to deal with her strong emotions.

### These children may:

- Don't learn to regulate their emotions
- Have trouble concentrating
- Have trouble forming friendships
- Have trouble getting along with other children

## THE "EMOTIONALLY-DISAPPROVING" PARENT/TEACHER

### Says:

*"Stop crying! You can't join us until you stop the crying."*

### The child feels:

- Upset and now that you tell him that he's wrong, he feels even worse.
- He feels criticized or punished for showing emotions even when he does not misbehave.
- He is never taught what to call the strong feelings he has or what to do with them.

### These children may:

- Have more difficulty trusting their own judgment
- Feel something is wrong with them
- Have trouble regulating their emotions or solving their problems

## THE PARENT/TEACHER AS "EMOTIONAL COACH"

### Says:

*"Tell me how you feel. I've felt that way, too. You can't hit somebody when you're angry. Let's think together about other things you can do when you feel this way."*

### The child feels:

- Valued and comforted when all of his emotions are accepted. At the same time, he learns that there are limits on her behaviour when she has strong feelings.

### These children may:

- Learn to trust their feelings
- Regulate their own emotions
- Solve problems
- Have high self-esteem
- Learn well
- Get along well with others