After School Sports Clubs

Yoga

This is a fun yoga session for the mind and body. The children breathe, stretch and move their bodies to music. Each session is based on a theme such as under the sea, going on safari, wildlife adventure, a book or a celebration. Well-known yoga moves are taught including Child's Pose, Cobra, Tree and Downward-facing Dog.

The Friday after-school club is run by Mrs Stephenson and Yogi Mel and lasts 45 minutes for a maximum of 10 Year 2 children.





Multi Sports

Children enjoy a range of new and exciting sports, learning through bespoke fun focused team based sessions, mini games and tournaments. Each week introduces a different sport to keep sessions exciting. Sports include Cricket, Tennis, Dodgeball, Hockey, Basketball, Tag – Rugby and many more...

The Monday after-school club 3.00-4.00pm is run by an outside sports provider- Premier Active for Year R, 1 & 2 children for a cost of £3 per session- book all 5 sessions for £15.

For more information Email: info@premieractive.co.uk Or Call: 0800 195 0898

<u>Rugby</u>

Our Rugby programme focuses on maximising the potential of each child through fun and exciting rugby games and challenges. Using the core rugby values to enhance each child's experience, each session is delivered age appropriately so your child can progress within Rugby, in a fun, safe and enjoyable environment. Each week focuses on a specific skill, and finishes with a mini game to put those new skills to the test.

The Wednesday after-school club 3.00-4.00pm is run by an outside sports provider- Premier Active for Year R, 1 & 2 children for a cost of £3 per session- book all 6 sessions for £18.

For more information Email: info@premieractive.co.uk Or Call: 0800 195 0898

<u>Football</u>

This fun based programme allows each child to enjoy learning the beautiful game, guaranteeing a productive and 'FUN' experience. It combines skill based games and mini tournaments. Our football club is a great opportunity for both boys and girls to develop skills including dribbling, passing and shooting, while increasing confidence and winning prizes and awards.

The Friday after-school club is run by Outside Agency- Premier Active 3.00-4.00pm for Year R, 1 & 2 children for a cost of £3 per session- book all 6 sessions for £18.

For more information Email: info@premieractive.co.uk Or Call: 0800 195 0898

Fiery Feet Dance

Within our classes, students develop as dancers in terms of technique, knowledge, flexibility and strength – having lots of fun along the way. Beyond this, we encourage confidence, pride, inclusion and sportsmanship – all skills that we believe are transferable outside of the dance lesson.

The Thursday after-school club is run by Outside Agency- Fiery Feet Dance Company 3.00-3.45pm for Year 1 & 2 children for a cost of £3.50 per session with the first session free.

For more information Email: info@fieryfeet.co.uk Apply directly to Fiery Feet (01926) 422600

Spring CPD-Teamwork

To develop practical skills in order to participate, compete and lead a healthy lifestyle. The Year 1 children and staff are currently enjoying having Mr Partridge support and team-teach their games sessions on a Tuesday afternoon. Lots of team building activities using a variety of equipment to help the children work together and overcome problems that have been encountered during the games. Human alphabet, set the map, collect the jigsaw and blindfold maze are just a few of the exciting games the children have been introduced to acquire and develop new skills!

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