

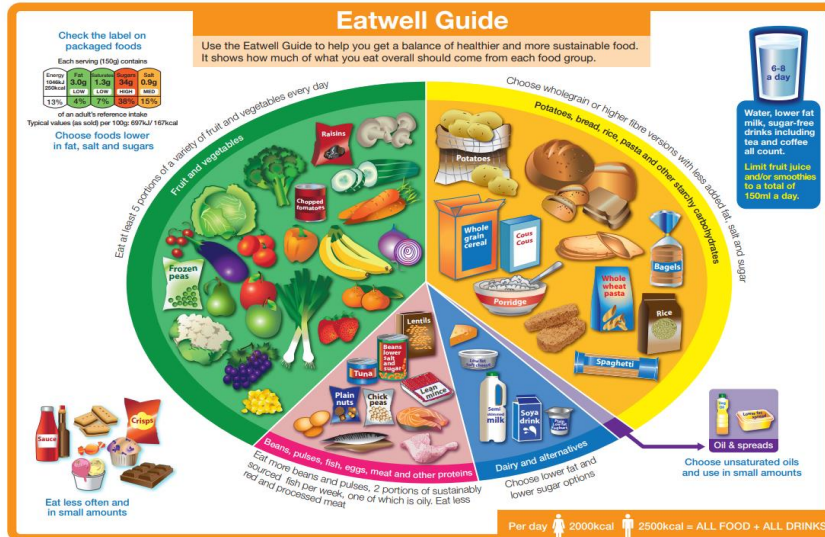
Holiday Homework

Year 1 – Traditional Tales

During the summer holidays we are having a story telling area created in the playground. This is an excellent opportunity for children to be able to practice performance and memory skills. Please teach your child **a few** stories or rhymes so they have the confidence to tell their friends. Suggestions could be Goldilocks, Little Red Riding Hood, Humpty Dumpty , Room on a Broom and so on. If you would like some books to help – please come and get some from our library before or after school.

Year 2 – Keeping Healthy

Next term the children will be learning about how to keep healthy and fit. To help them to understand the topic, and to get a head start, please can you help them understand the following terms: Diet, physical, protein, fruit, vitamin, exercise, healthy, hygiene, carbohydrate, vegetables, minerals, active, inactive, germs, fibre, pulses, food groups, types of sport, steps, sugar, grains, balanced meal. We would also like your child help **to make and prepare a healthy meal** – this could be a picnic or family meal. We would like you to get them involved in the planning, buying, weighing, chopping and eating! Please can you send in a photo to admin2332@welearn365.com .



Community Education at its best

To make the learning as exciting as possible we need your help. Have **you, or someone you know**, got something to share with the children that could enrich their experience of keeping health – are you a chef, fitness instructor, marathon runner, doctor or nurse, have a particular diet that you follow, take part in a sport that the children could try.....

Please come and see Mr Queralt or your child's class teacher to share your ideas.

We will facilitate and help to make it a success! Don't be shy!!!!