



Physical Education Curriculum

Intent

Physical education at Emscote provides opportunities for all pupils to become physically active in a way that supports their health and fitness. Children will be given the opportunity to be active on a daily basis and will learn the importance of exercise as a lifestyle. It gives chances for children to be creative, cooperative and competitive and to face up to diverse challenges both as individuals and in groups. Many activities taught in PE improve teamwork and leadership skills, whereby children can develop essential concepts of fair play, honest competition and good sportsmanship. We aim to provide children with a broad range of physical activities, with a progression of skills that builds on past understandings and combines new practices. We strive to deliver engaging and inclusive lessons so that children of all capabilities can appreciate and enjoy PE for sustained periods of time. Physical education can also reduce anxiety, stress and tension and results in improved attention in the classroom, fundamentally supporting children's mental well-being.

Implementation

- A cycle of lessons for each subject, which carefully plans for progression and depth in the different subject areas. A wide range of sports and activities are delivered from Reception to Year 2 enabling pupils to develop their knowledge and skills in physical education in a variety of different areas.
- A specialised sports coach supports and delivers some of our physical education lessons across Reception and KS1. This ensures pupils are receiving high quality Physical Education in sport specific areas and also teachers are receiving CPD whilst the sessions are being delivered.
- Alongside our curriculum provision for P.E we also provide all pupils with the opportunity to participate in at least 3 different sports clubs weekly. These clubs may be provided by our resident sports coach, class teacher or external coach.
- Pupils are encouraged to take part in competitive sport. At the end of the school year pupils also compete in a fun/ competitive school games event.
- Emscote also encourages pupils to apply their skills and knowledge in sports against other schools. Pupils from Year 1 and Year 2 take part in team games against other schools. Sports that we compete in during the academic year are athletics, running, gymnastics, and multi-skills.

Impact

- Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression.
- We focus on progression of knowledge and skills in the different physical activity areas and like other subjects discreet vocabulary progression also form part of the units of work.
- If children are keeping up with the curriculum, they are deemed to be making good or better progress. In addition, we measure the impact of our curriculum through the following methods:
 - A reflection on standards achieved against the planned outcomes.
 - Pupil discussions about their learning.

-The annual tracking of standards across the curriculum, supported by Otrack.

- The impact of our P.E curriculum is also measured in the uptake of our afterschool clubs and participation in inter school sports competitions.
- External measures are also used to measure the impact of our P.E curriculum. Each year we apply for the kids marathon and take part in, and sometimes win, various inter school competitions.