

Emscote Express

Issue 10, 12th February 2021



Dear Parents/Carers,

Following a local authority and Public Health briefing this week schools have been asked to inform parents that they should keep in touch with school regarding coronavirus infections over the half term break.

Any child who falls ill with any of the 3 main symptoms should still be tested over the break. This does mean self-isolation as a family until a negative result is received. It is imperative that we are able to inform other parents if a child falls ill with symptoms and needs to be tested. In terms of tracing we need to know if any child has symptoms and is being tested **ACROSS THIS COMING WEEKEND AND UP TO MIDNIGHT ON SUNDAY EVENING (14th February)**. School leaders have been asked by the government to be available to assist with tracing contacts during half term.

Please text the Federation Covid phone 07732 387372 with any new symptoms or positive results. We will contact you via email should there be any need for your child to isolate.

On a much lighter note, with the help of Warwickshire Council we plan to plant four trees near to Emscote Infant School and All Saints' Church. As the trees will be a mark of kindness and community spirit, we would like the children and their families to be involved as much as possible. We plan for the children to help plant the trees, and feel it is important that they help choose them too. To have your say, please complete the following form:

<https://forms.gle/J73DFGpQKP6xramW8>

We would like to thank you for all the support you have provided this term in helping your children to engage with their learning, whether in school or remotely from home. We hope you all enjoy a well deserved half term break.

Yours sincerely,

Mr Queralt

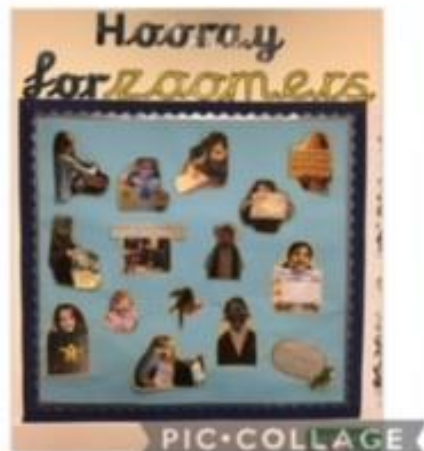
Celebrating our Zoomers!

This term we have supported parents that have had difficulties getting their children online with laptops, technical support and Wi-Fi connection. Please do let us know if you are having a problem with attending Zoom meetings – we are available to help on the phone all day!

- Home learning packs are available to collect from the school office every 2 weeks (year 1 and 2). Please remember to return any empty wallets.
- If you would like any new reading books, please return any old books by Tuesday so that we have your new ones ready for collection on a Friday.



We are so proud of them!



Dates for the diary.... All other future dates and events will be dependent on Government advice. We will send any information as soon as we can.

Dates for the Diary 2021		
15 th - 19 th February	Half term	For a fun range of outdoor activities and ideas to keep the kids entertained during the half term, visit: https://www.kids-country.co.uk/outdoor-activities/
Monday 22nd February	Return to school	Inset day cancelled
Thursday 4th March	World Book Day	Details to follow
Friday 19th March	Comic Relief Red Nose Day	Red noses have gone green and are now 100% plastic free! On sale in school for £1.50
Thursday 1st April	End of Term (Easter Break)	
Monday 19th April	Return to school	
19th - 30th April	Big Pedal	Find out more at www.bigpedal.org.uk
Wednesday 5th May	Group school photos	Subject to change



Maths.co.uk

Year 1 and 2 children now have access to Maths.co.uk –a website with online maths quizzes and activities. Your child’s teacher will assign work for your child and your child should login to complete it. Your child can access Maths.co.uk at home and school using their own unique username and password (sent out via home learning packs or class teacher)

Maths.co.uk will work on Macs, PCs and Chromebooks. It should also work on iPads and most tablets.

If you have any problems using Maths.co.uk, or if your child can’t remember their login details, please contact your child’s teacher.

To log in:

- Visit **www.maths.co.uk**
- Click on the **Login** button (top right of the page)
- Sign in using your username and password

To complete a quiz:

- Click on the Begin test link
- Click **Next** to move forward in the quiz
- Click **Finish** once the quiz has been completed

Bottle Moments

What is your Bottle Moment?

Having hope helps us keep going when things are really hard. Your Bottle Moment is the one thing you'd most like to do again when everything is better and back to normal. It could be a friend you'd most like to see, a place you'd most like to go, a hobby you'd most like to get back to, or simply getting a hug from someone special.

Right now, the Covid-19 pandemic is particularly taking its toll on children. This is why we are calling all KIDS to draw their Bottle Moments!

HERE'S HOW IT WORKS

Step 1: Download and print out your Bottle Moments template <https://www.bottlemoments.com/templates>. There are a few different designs to choose from!

Step 2: Draw! What are you dreaming of doing once the pandemic is over? **Be as wacky, weird and wonderful as you like!** You don't have to be the world's best artist - we want to see what you're looking forward to, however you'd like to draw it! Above all, have **fun!**

Step 3: You can enter the national competition – go to <https://www.bottlemoments.com> and follow the instructions on how to enter the competition.

We would also love to see your Bottle Moment ideas and drawings, so please feel free to post them through the letter box at school (Mr Queralt's office) during the half term. Thank you!



Keeping Active in Lockdown!

Here are a collection of exercise ideas and 'Vallins' Challenges' for the children to stay active and stimulated whilst learning from home during this latest lockdown. For more inspiration visit our Remote PE Learning page of the school website at http://www.allsaintsemscotefederation.co.uk/web/remote_pe_learning/540569

Vallins' Challenges for all year groups - Healthy Selfie challenge! Can you take a photo of yourself taking part in some physical activity and send it in to admin2332@welearn365.com. All pictures will feature on a special Healthy Selfie PE page on Emscote Infant School website. Can you beat Mrs Vallins trampolining and trying to keep warm at the park?



Challenge Card 1

JOGGING

High knees and drive arms
Soft feet by keeping heels off the floor

CHALLENGE
To jog for the count of 10

□ □ □ □ □ □ □ □ □ □

FRONT BRIDGE

Hands and feet only on the floor
Lift up and hold body keeping back and arms straight

CHALLENGE ▶ To hold for the count of 10

□ □ □ □ □ □ □ □ □ □

JUMPING SIDE TO SIDE

Jump in a sideways direction keeping feet together
Land with soft feet & bent knees

CHALLENGE
To do 10 with the correct technique

□ □ □ □ □ □ □ □ □ □

SINGLE LEG BALANCE

Stand on 1 leg with arms out to the side
Hold balance by keeping still

CHALLENGE
Hold for the count of 10 on each leg

□ □ □ □ □ □ □ □ □ □

STAR JUMPS

Jump with your arms and legs out to make a star shape
Jump back in to start position

CHALLENGE
To do 10 with the correct technique

□ □ □ □ □ □ □ □ □ □

WOW!

You completed the challenge!
Can you complete this 6 times in total before your next assessment?

Tick a ☐ box each time you complete a challenge

Challenge Card 4

STAR JUMPS

Jump with your arms and legs out to make a star shape
Jump back in to start position

CHALLENGE
To do 14 with the correct technique

□ □ □ □ □ □ □ □ □ □

JUMPING SIDE TO SIDE

Jump in a sideways direction keeping feet together
Land with soft feet & bent knees

CHALLENGE
To do 14 with the correct technique

□ □ □ □ □ □ □ □ □ □

ARM CIRCLES

Create circles by rotating your arms
Make sure your fingertips touch at the top

CHALLENGE
To do 14 both forwards and backwards

□ □ □ □ □ □ □ □ □ □

FRONT BRIDGE

Hands and feet only on the floor
Lift up and hold body keeping back and arms straight

CHALLENGE ▶ To hold for the count of 22

□ □ □ □ □ □ □ □ □ □

BACK BRIDGE

Hands and feet only on the floor
Lift up body by pushing hips to the ceiling

CHALLENGE ▶ To hold for the count of 14

□ □ □ □ □ □ □ □ □ □

OMG!

You completed the challenge!
Can you complete this 6 times in total before your next assessment?

Tick a ☐ box each time you complete a challenge

Did you know? It's really important to get lots of sleep so our bodies can rest and get stronger

Challenge Card 3

STAR JUMPS

Jump with your arms and legs out to make a star shape
Jump back in to start position

CHALLENGE
To do 14 with the correct technique

□ □ □ □ □ □ □ □ □ □

FRONT BRIDGE

Hands and feet only on the floor
Lift up and hold body keeping back and arms straight

CHALLENGE ▶ To hold for the count of 18

□ □ □ □ □ □ □ □ □ □

BACK BRIDGE

Hands and feet only on the floor
Lift up body by pushing hips to the ceiling

CHALLENGE ▶ To hold for the count of 12

□ □ □ □ □ □ □ □ □ □

HOPPING

Stand on 1 leg keeping your balance
Hop up and down landing gently bending knees

CHALLENGE
To do 10 on each leg

□ □ □ □ □ □ □ □ □ □

JOGGING

High knees and drive arms
Soft feet by keeping heels off the floor

CHALLENGE
To jog for the count of 12

□ □ □ □ □ □ □ □ □ □

HEY!

You completed the challenge!
Can you complete this 6 times in total before your next assessment?

Tick a ☐ box each time you complete a challenge

Challenge! Have you eaten 5 pieces of fruit and veg today?

Warwickshire School Health & Wellbeing Service Newsletter

Shares important content about vaccinations with links to reliable information sources, as well as resources for the upcoming public health campaigns: Time to Talk Day, World Cancer Day and Safer Internet Day. <http://www.compass-uk.org/wshwbs-newsletter-february-2021/>

Family Information Service Newsletter

Shares some useful information on using the internet responsibly and safely. There is also information on free online courses for people currently not in employment, fun online activities for anyone with additional needs over 4 years old and the chance to share your story about ways to improve mental health support. Visit <https://mailchi.mp/warwickshire/family-information-service-newsletter-1194487?e=56e08a503a>

The Family Information Service is here to support you throughout lockdown and beyond on a range of issues. You can get in touch with us by emailing fis@warwickshire.gov.uk or calling 01926 742274.



National free school meals voucher scheme

In response to schools being largely closed to most pupils during the current national lockdown, the national free school meals voucher scheme has been reinstated to provide support to families during term time. This will be managed centrally by the Department for Education and provided by Edenred. The voucher scheme will be made available to those eligible for non-universal free school meals from the beginning of February. If you think you may be eligible for free school meals then you can apply online at <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



Transforming Communities Together

Families eligible for Free School Meals can order a frozen food hamper for February half term, Easter Holidays and at any point throughout lockdown if they need it. If you would like to order a hamper please contact the office ASAP and let us know how many people are in your family. Change4Life have created recipes and shopping lists for families which can be used to create lunches for around £15 each week. Please share this information with your parents/carers.

Lockdown lunches and meal plans

Change4Life have created recipes and shopping lists for families which can be used to create lunches for around £15 each week. Please share this information with your parents/carers.

<https://www.nhs.uk/change4life/recipes/lunch/cheap-lockdown-lunch-ideas>



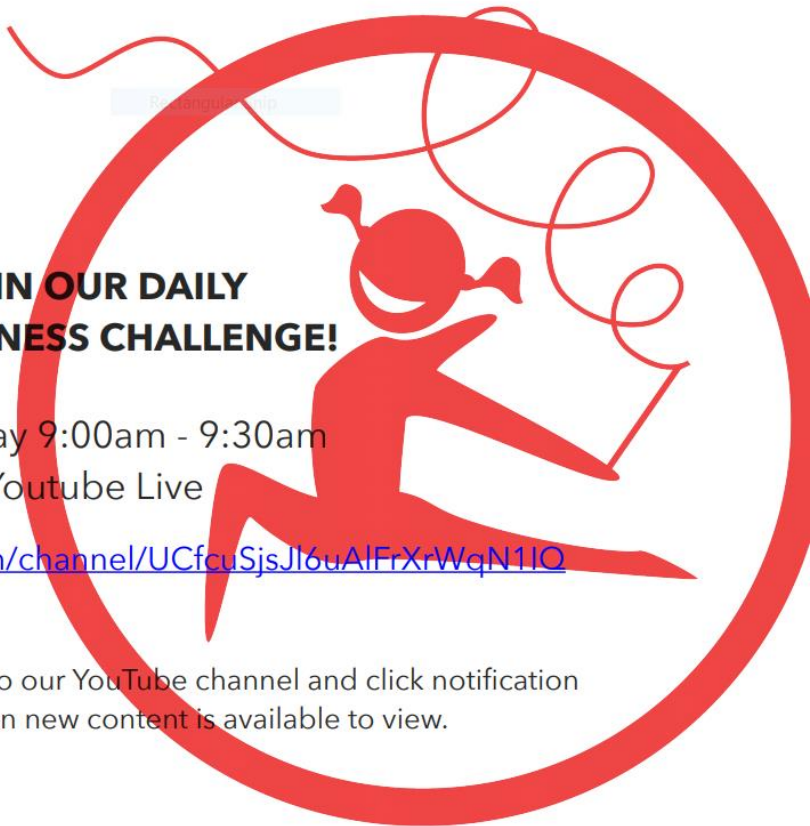


**JOIN OUR DAILY
LIVE FITNESS CHALLENGE!**

Each Day 9:00am - 9:30am
Youtube Live

<https://www.youtube.com/channel/UCfcuSjsJI6uAIFrXrWqN1IQ>

Please feel free to subscribe to our YouTube channel and click notification
to be informed when new content is available to view.



FREE SCHOOL MEAL ENTITLEMENT AND PUPIL PREMIUM REGISTRATION

Due to the current situation with COVID-19, we are aware that Parent and Carer's circumstances may have changed. Depending on your family/household income, your child may be eligible for **Free School Meals**. All children in Infant School receive a free hot meal at lunch-time, but this is a separate entitlement.

If your child qualifies for Free School Meals they will also receive **Pupil Premium funding**. This entitles your child to free or subsidised school trips, music lessons, school uniform and help to access after school clubs. Registering children for Free School Meals and subsequently Pupil Premium also enables the school to claim additional funding to improve resources for your child in school.

If you can answer yes to any of the following questions you may be eligible:

- Is your joint family **income** under £16,190 per year?
- Are you in receipt of any of the **benefits** listed below?
- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support from NASS (National Asylum Support Service) under part 6 of the Immigration and Asylum Act 1999
- the guarantee element of State Pension Credit
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on
- Universal Credit.
- Are you or your partner a member of the **Armed Forces**?

All reception, year 1 and year 2 children in state-funded schools can have a free hot meal at lunchtime. This is known as 'Universal Entitlement'. If you think you are eligible for any of the criteria above we recommend that you still apply. This will mean that your child's school does not miss out on important funding. **It may also mean your child will continue to receive free meals after the end of year 2.**

If you think you are eligible then you can apply online at

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>

Adult and Community Learning

Free Family Learning Course Course will be delivered online via Zoom



What is this course about? This course is for parents to find out more about supporting children's early reading. It explores phonics as the main way that schools use to teach reading and suggests practical activities for families to support learning at home.

Topics include:

- What do we mean by phonics and why is it the main method to teach reading?
- An introduction to the technical language used in phonics.
- Different phonics schemes used by schools.
- How to support your child to love reading.

Starts:
Thursday 4th March
1-2pm for four weeks.

Please contact

Jo Parvez - joanneparvez@warwickshire.gov.uk or
Lisa Tytler - lisatytler@warwickshire.gov.uk

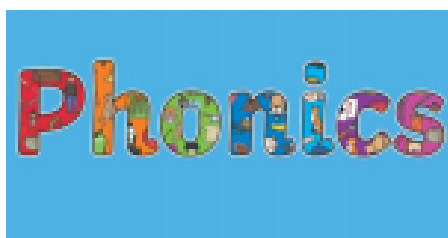


Family Learning
PHONICS WORKSHOP FOR PARENTS

Monday 25th January 19:00-20:30

Or

Wednesday 17th March 13:00-14:30



What is this course about? This course is for parents to find out more about supporting children's early reading. It explores phonics as the main way that schools use to teach reading and suggests practical activities for families to support learning at home.

Topics include:

- What do we mean by phonics and why is it the main method to teach reading?
- An introduction to the technical language used in phonics.
- Different phonics schemes used by schools.
- How to support your child to love reading.

How will I learn? Learning will be online with a Family Learning Tutor. There will be a presentation that you will also be able to access after the live session. We will get you involved with discussions and with practical activities that you can do with your child at home sessions. There will be opportunities to do further reading and access online sources.

If you need to brush up your ICT skills before joining a course we will support you. If you have any questions please email cheryl.neil@warwickshire.gov.uk

Go to Warwickshire County Council Adult Learning

<https://www.warwickshire.gov.uk/adultlearningandtrainingcourses>

or scan the QR code to enrol.



In partnership with



Are you a Coventry/Warwickshire based parent/carer of an autistic child or teenager?

Do you want to understand their autism and help them understand their autism?

We are offering a series of facilitator led workshops

CASP: Children's Autism Support Programme for parents/carers of children aged 4-12

TASP: Teenage Autism Support Programme for parents/carers of children aged 13-18

The workshops are fully-funded and comprise of 4 x 3-hour sessions over a 4-week period facilitated by autism professionals who are also parents.

You will be joined by up to 15 other parents for an informative and empowering workshop.

Objectives:

- To enable parents/carers to understand their child's lived experience – the joys and the challenges
- To facilitate a 'conscious connection' between parent/carer and their child via the **3 C pathway**, a relational approach to parenting
- To identify adjustments/changes to help their child feel secure and be understood

The four weeks will follow a broad framework:

1. Autism, a brief history and context. Your child and their autism
2. The sensory world – experience it and consider how it impacts on your child
3. Communication – making connections and building a secure base
4. Transitions, advocacy, planning next steps and problem solving

Each week aims to be person-focused and attendees will be encouraged to share and comment.

Open to families based across Coventry and Warwickshire.

Please contact Julie Hampton for details and booking forms
Courses run throughout 2021. All sessions will take place virtually on Zoom until further notice.

julie@actforautism.co.uk