

# Emscote PE LTP

**Dance CPD delivered by Fiery Feet specialist Dance Company for each year group to aid progression of skills on Mondays & club offered.**

**Fundamental Movement Skills (FMS) delivered by Mini Movers to all year groups on a rotational termly basis.**

**Mini Movers offer four active lunchtimes to allow achievement of Active 60 in/out of school lessons and after school club offered.**

**Mini Movers deliver an inclusion programme to meet the diverse needs of all pupils at Emscote Infant School.**

**Tennis by CoolSportz afterschool club offered all year.**

**Marathon Kids participation available for all year groups during lunchtimes, some playtimes and brain movement breaks throughout the day.**

**Reception enjoy 'Welly Walks', free flow sessions in outdoor environment, Finger Gym and Dough Disco to develop gross & fine motor skills.**

|                                   |          | Autumn 1   | Autumn 2   | Spring 1  | Spring 2                                     | Summer 1                              | Summer 2                                     |
|-----------------------------------|----------|--|--|---|--|---------------------------------------|--|
| Reception<br>See Also<br>EYFS LTP | Cherry   | Spatial Awareness<br>Mini Movers<br>FUNDAMENTALS | Spatial Awareness<br>Mini Movers<br>FUNDAMENTALS | Gymnastics                                      | Gymnastics                                   | Athletics<br>Dance (FF)               | Sending/Receiving skills<br>Dance (FF)       |
|                                   | Willow   | Spatial Awareness<br>Mini Movers<br>FUNDAMENTALS | Spatial Awareness<br>Mini Movers<br>FUNDAMENTALS | Gymnastics                                      | Gymnastics                                   | Athletics<br>Dance (FF)               | Sending/Receiving skills<br>Dance (FF)       |
| Year 1                            | Chestnut | Multi-skills<br>Yoga                             | Tag Rugby skills<br>Yoga                         | Gymnastics<br>Dance (FF)                        | Gymnastics<br>Dance (FF)                     | Athletics<br>Mini Movers<br>(Cricket) | Tennis<br>Mini Movers<br>(striking/Fielding) |
|                                   | Oak      | Multi-skills<br>Yoga                             | Tag Rugby skills<br>Yoga                         | Gymnastics<br>Dance (FF)                        | Gymnastics<br>Dance (FF)                     | Athletics<br>Mini Movers<br>(Cricket) | Tennis<br>Mini Movers<br>(striking/Fielding) |
| Year 2                            | Sycamore | Netball skills<br>Dance (FF)                     | Hockey skills<br>Dance (FF)                      | Gymnastics<br>Mini Movers<br>(Fitness Circuits) | Tennis Skills<br>Mini Movers<br>(Gymnastics) | Tennis Skills<br>Athletics            | Cricket<br>Football skills<br>World Cup 2026 |
|                                   | Maple    | Netball skills<br>Dance (FF)                     | Hockey skills<br>Dance (FF)                      | Gymnastics<br>Mini Movers<br>(Fitness Circuits) | Tennis Skills<br>Mini Movers<br>(Gymnastics) | Tennis Skills<br>Athletics            | Cricket<br>Football skills<br>World Cup 2026 |

**Repetitive themes for each year group in order that skills can be developed and consolidated further. Skill based learning is focus at KS1 to develop basics ready for introducing sports at KS2.**

**Themes covered to provide a broad and varied PE curriculum:**

**Invasion skill based activities-** Tag Rugby, Football, Hockey & Handball.

**Net & Wall skill based activities-**Netball & Basketball

**Striking & Fielding skill based activities-** Tennis, Cricket & Rounders

**Multi-Skills, playground based Athletics and Gymnastics** and in summer term extra provision of OAA for Yr2 when time allows.