

Emscote Express

Issue 7- March 2026



Dear Parents and Guardians,

Thank you to our EYFS classes who have shared their learning with us in their class assemblies over the last week, we are so proud of you all. Well done!

There have been some fantastic entries into our World Book Day potato character competition, you can see some photographs on our Facebook Page (search Emscote Infant School).

Please remember to check your Year Group Padlet for all the information about what is happening in school and how to help your child with their learning at home. Year One parents you will find some information about games to support your child with their upcoming Phonics Screening Test in June. The QR codes are displayed at the front door and you can also access them via the year group pages on our school website. The codes are also included at the end of this edition for ease.

Please remember to also look at your year group Curriculum Knowledge Organisers on our new website. Here you will find out the key knowledge for subjects that children are expected to learn. By revisiting this at home you can support your child's retention of the subject information.

<https://www.allsaintsemscotefederation.co.uk/page/?title=Curriculum+Knowledge+Organisers&pid=155>



Stop, Think, Park Safely

We have been asked to share the following information from the Warwickshire Road Safety Education Team as a reminder to park legally, safely, and considerately to help keep the area outside our school safe for our pupils.

We are asking all parents and carers to park legally, safely, and responsibly, and to avoid parking in a way that causes unnecessary obstruction. Please:

Keep the School Keep Clear (zigzag) markings free during restricted times, never stop, wait, or park on these markings, even briefly.

Avoid parking on restricted areas, such as double yellow lines.

Do not obstruct dropped kerbs, as this prevents safe crossing.

Use designated parking areas or park a short distance away and walk.

Be considerate of residents, pupils, and other road users, and avoid blocking driveways.

Avoid parking on pavements, as this can force children, wheelchair users and parents with prams into the road.

Do not park within 10 metres of a junction, to maintain safe visibility for all.

Model safe and respectful behaviour for children to follow.

Avoid double parking outside school

We understand that school journeys can be challenging but taking a few extra minutes to park safely makes a big difference. By working together, we can create a safer and more respectful environment for every child at our school.

Warwickshire County Council and Warwickshire Police do enforce these restrictions to improve safety around schools. Enforcement helps protect your children, other road users, and encourages longer-term safe behaviours.

Thank you for your cooperation in helping us keep our school community safe.



Big Walk and Wheel

16th - 27th March 2026

We have some exciting news for you! We are taking part in Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 16 – 27 March 2026. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

We want to make sure that everyone can get involved in Big Walk and Wheel.

We know it may be more difficult for some pupils to take part than others. If you want to discuss more about your child(ren)'s specific needs, please contact their class teacher and we will make sure to look into how your child(ren) can take part.

Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school. And that children thought active travel was the best away to bring down these pollution levels.

Plus, there are some great prizes to be won every day if we get enough children taking part!

To help you prepare, Walk Wheel Cycle Trust has developed a handy [Parent/ Caregiver](#) page on the challenge website. It is packed with advice to help you have a hassle-free journey to school.

For more information about the event go to www.bigwalkandwheel.org.uk.

Enjoy the challenge!





Staffing update

We would like to say a heartfelt thank you and goodbye to Mr Dunn, who is leaving us after just over a year at our infant school. During his time here, Mr Dunn has shown such care, patience and dedication, making a real difference to the children and staff alike. We are truly grateful for all he has contributed and wish him every happiness and success in his next chapter as he takes up a role in a secondary school.

Miss Harvey, our student teacher in Chestnut class also leaves us next week. Thank you Miss Harvey, you have been a great edition to the Year One team. We will miss you. Good luck in the future!

Mrs Nicol

EYFS

SEND Coffee Mornings resources from Emscote Infants School and All...

All the resources from our monthly
meetings





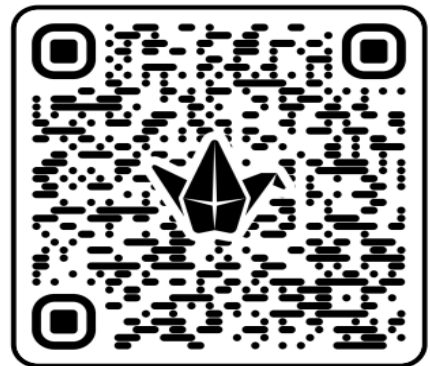
EYFS 2025-26

Welcome to EYFS! Please find all the latest messages, curriculum information and home learning....



Year One 2025-26

Welcome to Year One! Please find all the latest messages, curriculum information and home learning....



Year Two 2025-26

Welcome to Year Two! Please find all the latest messages, curriculum information and home learning....





Walk Wheel
Cycle Trust

Realised by
SCHWILEF



Info sheet

16 - 27 March 2026

Big Walk and Wheel is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.



Big Walk and Wheel challenge

Active travel is a great way to build physical activity into children's daily routine. It helps them arrive to school more relaxed and alert, and is great for their mental wellbeing. This year the challenge will run from 16 - 27 March 2026.

It is free and easy to take part in Big Walk and Wheel. You can register your school for the challenge from January 2026 at www.bigwalkandwheel.org.uk



How it works

On each day of the challenge schools compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school.

A school's best five days will determine their final position and schools at the top of their leader boards will receive an exclusive Big Walk and Wheel certificate.



Prizes and badges

All schools will be entered into daily prize draws for rewards if over 15% of your school takes part on each day of the challenge. Prizes up for grabs include accessories and equipment to help your school travel actively. All schools that participate in Big Walk and Wheel will also have the opportunity to earn virtual badges.

In 2025,
4,550kg
of nitrogen oxide
avoided as a result
of the 10-day
challenge*

In 2025,
2,880
tonnes
of CO₂ avoided as a
result of the 10-day
challenge*

In 2025, pupils at
2,024
schools made
2,840,575
journeys to school by
foot, wheelchair,
scooter and cycle

*Based on the assumption the journeys logged in the challenge would otherwise have been made by car.



Important Dates

10th March – Easter Craft Day (Reception Only 9.30-10.30 or 13.30-14.30)

12th March – Maple Class Assembly (Parents Welcome 9am)

12th March – Mothers Day Tea – 13.00-15.00 (Event 1)

13th March – Mothers Day Tea-13.00-15.00 (Event 2)

17th March – Non Uniform Day (Easter Tombola prize Donation)

20th March – Sycamore Class Assembly (Parents Welcome 9am)

20th March – Red Nose Day (Wear Something Red -£1 Donation)

23rd March – Vision Screening Visit (Reception)

24th March – Parents Evening (15.30-18.30)

25th March – Easter Service In Church (Parents Welcome 9-10am)

26th March – Parents Evening (15.30-18.30)

30th March -10th April– Half Term



Easter Bingo

It's our annual Easter Bingo event!
Bring your family and friends for a fun-filled event with
games, pizza and egg-citing prizes.

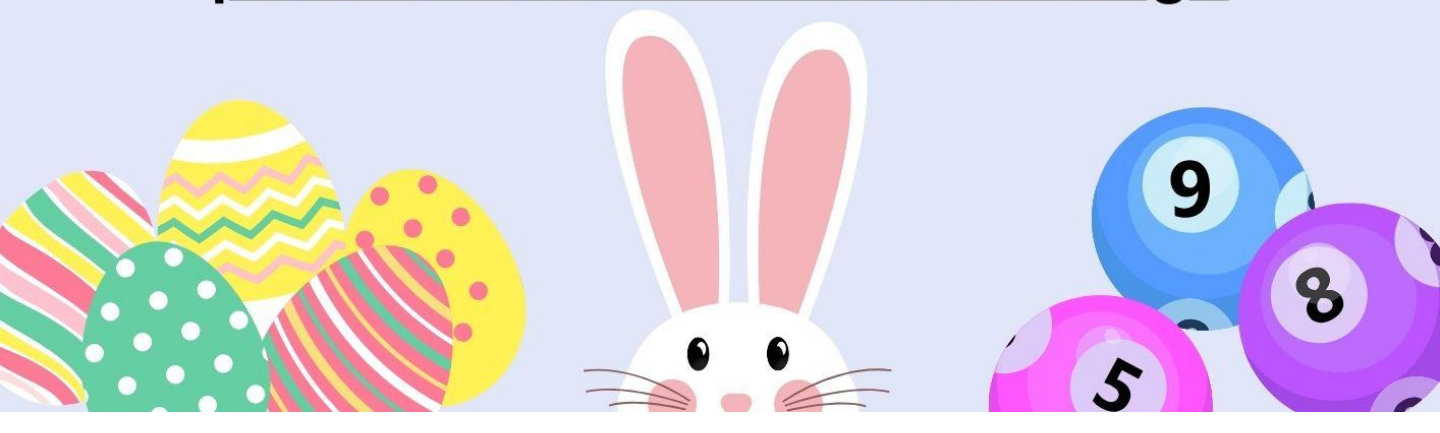
FRIDAY 20 MARCH 2025

Doors open 4pm

Eyes down at 4.30pm

at Emscote Infant School

More details and tickets from:
pta.events/EASPTA-Easter-Bingo





In association with

Sainsbury's



You + Us =
More

Introducing **My School Fund**,
an exciting new initiative
that combines the spending
power of parents, guardians
and carers in order to **boost
school budgets.**

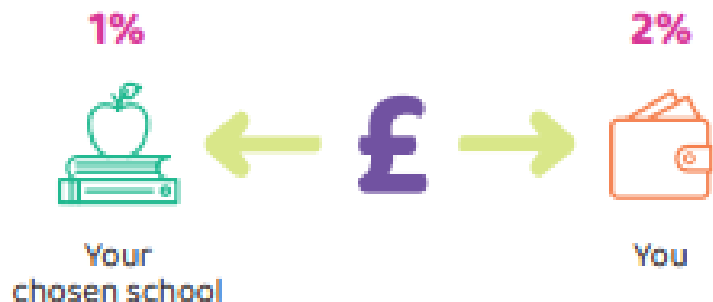
myschoolfund.org

How does it work?

My School Fund links your spend to your chosen school, meaning every time you make a purchase at participating retailers you both benefit through an innovative cashback scheme.

What's in it for me and my child's school?

Both you and your child's school will receive eGift Cards to spend in participating retailers based on a percentage of your overall spend.



Add that all up across the school's network of families and together we can all make a big difference!

Visit myschoolfund.org and register for free today!

Getting started



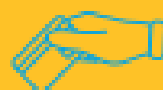
Step 1

Visit myschoolfund.org to sign up for free and link to your child's school



Step 2

Register your credit/debit card to your account



Step 3

Spend at participating retailers



Step 4

Start receiving your eGift Cards!

ALLERGIES

Please contact your school cook for information regarding the content of dishes and products on our menu.

WINTER
Weekly Menu

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain

CHOICE/JKT
OCTOBER 2025

Warwickshire, Coventry, Oxfordshire

WEEK ONE

10/11/2025
01/12/2025
05/01/2026
26/01/2026
23/02/2026
16/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	(v)(h) Tomato Pasta Bake with Malted Wheat Baguette (G.D)	Chicken Fajita Wrap with Cous Cous (G)	British Roast Chicken Fillet, Yorkshire Pudding, Gravy with Roast Potatoes (D.E.G)	British Pork Sausages & Gravy with Mashed Potato (G.SB.SU)	(msc) Salmon Fishcake with Chipped Potatoes (F.G)
	(vg) Plant Power Burger in a Bun with Diced Potatoes (G)	(v)(h) Hearty Roots Chilli with Rice	(v)(h) Plant Power Toad in the Hole with Roast Potatoes (G.E.D)	(v)(h) Cheese & Potato Pie served with Vegetables (D.E)	(v) Cheese and Tomato Pizza Wedge with Chipped Potatoes (G.D)
	Jacket Potato - (v) Cheese (D), or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans
DESSERT	(v)(h) Chocolate Cracknell (G)	(vg) Jelly with Fruit (v)(h) Banana & Raisin Cookie (G)	(v)(h) Caramel Apple Crumble with Custard (G.D) (v) Ice Cream (D)	(v) Strawberry Whip with Fruit (D) (vg)(h) Flapjack (G)	(v)(h) Frosted Carrot Cake (G.E)

WEEK TWO

17/11/2025
08/12/2025
12/01/2026
02/02/2026
02/03/2026
23/03/2026

MAIN	Chicken Burger in a Bun with Crispy Diced Potatoes (G)	(v) Cheese and Tomato Pizza Wedge with Spicy Wedges(G.D)	British Roast Pork Slice, Apple Sauce & Gravy with Roast Potatoes	(h) Chicken & Country Vegetable Pie with Herby Diced Potatoes (G)	(msc) Battered Fish Fillet with Chipped Potatoes (F.G)
	(v)(h) Cheese & Onion Flan with Garlic New Potatoes (D.E.G)	(vg)(h) Garden Vegetable & Baked Bean Stack with Spicy Wedges (G.D)	(vg) Classic Quorn Roast with Gravy and Roast Potatoes (G)	(v) Crispy Quorn Dippers in a Wrap and Tomato Salsa with Herby Diced Potatoes (G)	(v)(h) Rainbow Risotto with Crusty Bread (D.G)
	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans
DESSERT	(v) Strawberry Whip with Fruit (D) (vg)(h) Shortbread (G)	(v)(h) Ginger Cookie (G)	(v)(h) Jam Sponge with Custard (G.D.E)	(v)(h) Chocolate Flapjack with Orange Wedge (G)	(v) Waffle with Fruit (G.E.SB)

WEEK THREE

03/11/2025
24/11/2025
15/12/2025
10/01/2026
09/02/2026
09/03/2026

MAIN	(h) British Beef Bolognese with Garlic Bread (G) Cheese (D)	(v)(h) Rustic Pizza Wedge with Herby Diced Potatoes (G.D.SB)	British Roast Chicken fillet, Sage & Onion Stuffing & Gravy with Roast Potatoes (G)	Pork Meatballs in a Rich Tomato Sauce with Pasta (G)	(msc) Fish Fillet Fingers with Chipped Potatoes (F.G)
	(vg) Country Garden Vegetable Fingers with Seasoned Wedges (G)	(v)(h) Sweet Potato & Lentil Curry with Rice (D)	(vg)(h) "Meat" Loaf with Gravy & Roast Potatoes	(v)(h) Filled Pastry Crown with Potato Wedges (G.E.D)	(v)(h) Golden Macaroni Cheese with Malted Wheat Baguette (D.G)
	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans	Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans
DESSERT	(v)(h) Zesty Orange Cookie (G)	(v)(h) Vanilla Cookie with Fruit Slice (G)	(v)(h) Syrup Sponge with Custard (G.D.E) (v) Frozen Swirl Mousse (D)	(v)(h) Winter Berry Muffin (G.E.D) (vg) Jelly with Fruit	(v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E)

Available Daily:
Fruit Cordial or Fruit Water from the Hydration Station
(v) Semi Skimmed Milk, & (vg) Homemade Fresh Bread Basket,
Daily Salad Selection, Vegetables of the Day, (v)Yoghurt (D.SB) and Fresh Fruit

www.educaterers.co.uk
Email: contactus@educaterers.co.uk



caring is our secret ingredient



ALLERGEN KEY
VG-Vegan, V-Vegetarian, H-Homemade, G-Gluten/Wheat, C-Celery, S-Sesame, F-Fish, M-Mustard, SU-Sulphites, D-Dairy, E-Eggs, SB-Soyabean.





Pupil Premium Funding

What is Pupil Premium funding?

Pupil Premium funding is additional financial support that is provided by the government and which is allocated to schools to meet the needs of certain pupils. For each pupil that qualifies the school receives a significant sum of money that is used to raise standards in the pupils who are eligible.

Does my child qualify for this additional support?

You may be eligible to apply for Pupil Premium funding if you receive any of the following...

- Income Support
- Income-Based Job Seeker's Allowance (JSA)
- Income-Related Employment and Support Allowance (ESA)
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Or if your child...

- has been looked after (their care is managed by the local authority) for 1 day or more
- was adopted from care on or after 30 December 2005, or left care under a special guardianship order a residence order

Or

- if either parent is in the Armed Forces



Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Relaxation

Relaxation is when our mind and body is free from stress and tension. Research has found that this can help us to think clearly, concentrate, sleep well, feel more confident and even boost our immune system!

Relaxation can look different for everyone, and it can be helpful to try a few different relaxation techniques to see what works best to make you feel happy and rested.

Our Tips for Relaxation:

- 1- Try some breathing exercises, such as finger breathing or square breathing. Breathing exercises are great as you can do them in any place, at any time. Follow the QR code to try flower and candle breathing!
- 2- Drawing or colouring can help you to express your feelings and focus on something peaceful. This is a great way to relax your mind!
- 3- Practice mindfulness by taking a break away from any screens and devices. This could be going on a walk or being outside in nature. Try to use as many of your senses as possible, think about what you can see, hear, smell, touch and even taste! You could even try cloud watching to calm your mind.
- 4- Stretch it out, practice yoga to stretch out your muscles to relax and reduce tension. Try following the QR code for a yoga video!
- 5- A warm bath or shower can be a soothing experience that helps to relax muscles and calm your mind. You could make it extra relaxing with quiet music and bubbles!



Flower and candle breathing



Calming yoga stretches

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Nutrition

Nutrition refers to the nutrients in food and how our body uses them to stay strong and healthy. There are lots of positive benefits for our **physical health**, nutrition is also really important for our **mental health!**

Our brain works hard taking care of our thoughts, movements, breathing, heartbeat and senses (even when we are sleeping!), so we must fuel our brain with nutritious foods to help us function. This can help us to think clearly, increase our energy levels and support concentration. What we eat also affects our mood too!

Our tips:

1. **Get involved in the cooking**– Can you help your parent/carer to prepare dinner? This can be a fun way to spend time with others and learn a new skill.
2. **Make it fun**- There are lots of different ways different foods can be prepared. You could try experimenting putting different food together to see what you like and don't like.
3. **Try something new**- When was the last time you tried a new food? It can be exciting to find out what food we like and don't like. Also, our tastes can change as we grow and develop. See if you can set yourself a challenge to try a new food this week.
4. **Keep Hydrated**- Dehydration could lead to headaches, difficulty focusing and may impact sleep. Try to ensure you are regularly drinking water, it can be useful to bring a bottle of water to school every day to remind you to stay hydrated!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Listening

Listening is an important skill that helps us to feel connected to others and the world around us. When we listen, we can learn new things, solve problems and interact with people around us. This is great for our mental health as we are using our minds and connecting with people.



Try out these games to test your listening skills:

1 - Sound hunt!

Close your eyes and listen carefully to the sounds around you. See how many sounds you can identify in a minute.

This type of listening activity helps us to connect with the world around us, which can help us to feel calm.

2 – Weekend catch up

In pairs, partners should take it in turns to talk for 1 minute about their weekend. The children should then ask each other questions about their weekend, to see if the listener could remember what they did. Each partner can score points for each question they answered correctly.

3 – I went to the supermarket, and I bought a...

As a class, sit in a circle. The first person says, "I went to the supermarket, and I bought a..." and they choose an item, for example an apple. The next person has to repeat that sentence and choose their own item to add. For example, "I went to the supermarket, and I bought an apple and a book". Keep going around the circle adding items. If someone forgets an item, you move onto the next player. It gets harder as you go!

These two games encourage 'active listening', where you are taking in the information you are hearing. This is a useful skill to practice. You can also practice this at home, trying to remember what you have heard on a programme or video!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Mental Health in Schools Team Tips For Wellness



Be Active

Being active isn't just about staying fit—it's also a great way for your young person to feel better emotionally. Moving their bodies can help them feel calmer, more focused, and even happier. And the good news? It doesn't have to be anything fancy.

Easy ways to get moving

At home:

- Set up a mini obstacle course using pillows
- Do yoga or stretching together
- Let them help with household chores, like sweeping, raking or washing the car

Outside:

- Walk or bike to school
- Go to the park or explore a nearby trail
- Play tag or kick a ball around

In the community:

- Join a sports team or dance class
- Check out after-school activity clubs
- Try free local events or family fitness sessions

Use this QR code
to find some
activities to try:



How you can help:

- Be active together – show them that you value being active and that you can enjoy it together/as a family
- Make it fun!
- Let them choose the activity – they may be more likely to get involved if they have some choice
- Celebrate the effort – celebrate any attempts to be active
- Keep it part of the routine – try a little bit every day

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

JC SOCCER



EASTER HOLIDAY FUN!

FOR BOYS & GIRLS AGED 8 - 13

WEEK 1

TUESDAY 31ST MARCH - **NON STOP FOOTBALL DAY £20**

WEDNESDAY 1ST APRIL - **SUPER STRIKER DAY £20**

THURSDAY 2ND APRIL - **PREMIER LEAGUE TOURNAMENT £20**

ALL 3 DAYS EASTER OFFER £50.00

WEEK 2

THURSDAY 9TH APRIL - **FOOTBALL COACHING DAY £20**

FRIDAY 10TH APRIL - **WORLD CUP TOURNAMENT £20**



ST PAUL'S C OF E PRIMARY SCHOOL

Leamington Spa, cv32 4jz

Call Cadzy to book! 07956911146

ORDER ONLINE WITH CLIVE MARK SCHOOLWEAR



SCAN THE QR CODE TO VISIT OUR
WEBSITE AND SHOP YOUR SCHOOL
UNIFORM FROM THE COMFORT OF
YOUR OWN HOME

**BUYING SCHOOL UNIFORM HAS NEVER
BEEN EASIER!**
ORDER ONLINE AT CLIVEMARK.CO.UK

HOME DELIVERY AND IN-STORE COLLECTION AVAILABLE

the mini movers

sporty fun for little ones



BIRTHDAY PARTIES FOR AGES 2 YEARS - 7 YEARS

**PARTY
TIME!!**



Themes include:
Superheroes
Princesses
Space
On the Farm
Pirates
and many more!

www.theminimovers.co.uk

Bubbles

Parachute Fun

Balloons

Obstacle Course

Themed Activities

Party Games

Follow us:



Call: Jo on 07850944690

Email: jo@theminimovers.co.uk

Autism Group

18-25

Echoes
Charity

Our group is focused on diagnosed or undiagnosed autistic people aged 18-25. It's a good opportunity to meet others, socialise and share experiences. It's a safe space for all, run by psychotherapists and counsellors who have experience with neurodiversity and their support and managing techniques will be at your disposal and will be adapted to the needs of the group. To get in contact visit one of the links listed at the bottom right of this poster.

All courses are free.

If you like to use any creative outlets such as poetry, music, plays, videos, games, artwork and fashion as a way to express emotions or yourself then please send your creations into enquiries@echoescharity.org.uk. You can either be credited or be anonymous.

If you are sharing someone else's material, please quote the author.

To book your free place, please use the QR code below, or by completing the survey on our website.

Course Dates
09/04/2026
12pm-1pm
16/04/2026
6pm-7pm
01/07/2026
7pm-8pm

The courses will be weekly, for 1 hour over 4-6 weeks.

Complete our surveys-

(<https://www.echoescharity.org.uk/#current-surveys>)

-This enables you to book on our workshops and to provide you with workshops and groups that meet your needs e.g. bereavement/isolation.



Website- www.echoescharity.org.uk
Email- enquiries@echoescharity.org.uk

 Echoes Charity CIO

 @echoes.charity



Autism Workshop Parents & Carers

Echoes
Charity

This workshop is set up for parents and carers of autistic people, undiagnosed or diagnosed, with a program that will be tailored to suit your group's needs. It's a safe space to share and connect through experiences and learn more about autism and yourselves. It's facilitated by qualified psychotherapists and counsellors who have built up a profile of coping strategies that can be adapted to everyone's needs. To get in contact, or to book on a workshop, please visit one of the links listed at the bottom right of this poster.

All courses are free.

If you like to use any creative outlets such as poetry, music, plays, videos, games, artwork and fashion as a way to express emotions or yourself then please send your creations into enquiries@echoescharity.org.uk. You can either be credited or be anonymous.

If you are sharing someone else's material, please quote the author.

To book your free place, please use the QR code below, or by completing the survey on our website.

Course Dates

08/04/2026

7pm-8pm

17/04/2026

1.30pm-2.30pm

02/07/2026

6pm-7pm

The courses will be weekly, for 1 hour over 4-6 weeks.

Complete our surveys-

(<https://www.echoescharity.org.uk/#current-surveys>)

-This enables you to book on our workshops and to provide you with workshops and groups that meet your needs e.g. bereavement/isolation.



Website- www.echoescharity.org.uk
Email- enquiries@echoescharity.org.uk



Echoes Charity CIO



@echoes.charity



bitly