

Physical Education Curriculum at Emscote Infant School.



We are learning...

Fundamental Movement Skills (FMS) delivered by Mini Movers to all year groups on a rotational termly basis.

Mini Movers offer four active lunchtimes to allow achievement of Active 60 in/out of school lessons and after school club offered.

Mini Movers deliver an inclusion programme to meet the diverse needs of all pupils at Emscote Infant School.

Tennis by CoolSportz afterschool club offered all year.

Marathon Kids participation available for all year groups during lunchtimes, some playtimes and brain movement breaks throughout the day.

Reception enjoy 'Welly Walks', free flow sessions in outdoor environment, Finger Gym and Dough Disco to develop gross & fine motor skills.

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception See Also EYFSLTP	Cherry	Spatial Awareness Mini Movers FUNDAMENTALS	Spatial Awareness Mini Movers FUNDAMENTALS	Gymnastics	Gymnastics	Athletics Dance	Sending/Receiving skills Dance
	Willow	Spatial Awareness Mini Movers FUNDAMENTALS	Spatial Awareness Mini Movers FUNDAMENTALS	Gymnastics	Gymnastics	Athletics Dance	Sending/Receiving skills Dance
Year 1	Chestnut	Multi-skills Yoga	Tag Rugby skills Yoga	Gymnastics Dance	Gymnastics Dance	Athletics Mini Movers (Cricket)	Tennis Mini Movers (striking/Fielding)
	Oak	Multi-skills Yoga	Tag Rugby skills Yoga	Gymnastics Dance	Gymnastics Dance	Athletics Mini Movers (Cricket)	Tennis Mini Movers (striking/Fielding)
Year 2	Sycamore	Netball skills Dance	Hockey skills Dance	Gymnastics Mini Movers (Fitness Circuits)	Tennis Skills Mini Movers (Gymnastics)	Tennis Skills Athletics	Cricket Football skills World Cup 2026
	Maple	Netball skills Dance	Hockey skills Dance	Gymnastics Mini Movers (Fitness Circuits)	Tennis Skills Mini Movers (Gymnastics)	Tennis Skills Athletics	Cricket Football skills World Cup 2026

Repetitive themes for each year group in order that skills can be developed and consolidated further. Skill based learning is focus at KS1 to develop basics ready for introducing sports at KS2.

Themes covered to provide a broad and varied PE curriculum:

Invasion skill based activities- Tag Rugby, Football, Hockey & Handball.

Net & Wall skill based activities-Netball & Basketball

Striking & Fielding skill based activities- Tennis, Cricket & Rounders

Multi-Skills, playground based Athletics and Gymnastics and in summer term extra provision of OAA for Yr2 when time allows.