



Emscote Infant School Knowledge Organiser
Protective Behaviours Taking Care Project EYFS



Our Important Messages

- We all have the right to feel safe all the time
- We can talk to someone about anything

 **My Feelings**

-  Happy
-  Sad
-  Angry
-  Scared




👉 My body tells me how I feel

 **My Body Signals**

- Tummy feels funny
- Heart beats fast
- Want to cry or hide

👉 This means I might not feel safe

 **Safe or Not Safe?**

-  Safe – I feel happy and calm
-  Not sure – Something feels strange
-  Not safe – I feel scared or upset

 **I Can Talk to Someone**

I can tell a grown-up
I can keep telling
It is not my fault



Remember my network hand!



 **My Body Rules**

My body belongs to me
I can say "No"
I can move away

 **What Can I Do?**

Stop 
Tell 
Get help 