

Emscote Express

October 2026



Emscote Infant School Newsletter

October 2026

As we move into October, it feels like we are finally fully settled into the new school year. We have had a fantastic beginning to the term and the children have already impressed us with their enthusiasm, kindness and positive attitudes to learning.

Important Dates

Please take extra care to check all dates and upcoming events. There are several important events taking place over the coming weeks and we do not want anyone to miss out.

Remember to Check Padlet

Our year group Padlets contain all of the key information, reminders, photographs and updates that families need throughout the term. If you have not yet accessed your child's Padlet, please use the QR codes that were sent home. QR codes are also displayed on the school entrance doors for easy access.

Autumn Fayre Success

A huge thank you to everyone who attended, supported and volunteered at last Friday's Autumn Fayre, held on the All Saints' School field after the Summer Fayre had to be postponed. It was a wonderful community event and raised an amazing **£1,800**, which will be shared between our two schools. We are incredibly grateful for everyone's support.

Gardening Gang

Tomorrow morning our Gardening Gang will be helping to cut back plants and tidy the school grounds ready for autumn and winter. It is not too late to join us and the weather forecast looks promising! We'd love to see some extra helping hands. Please note that this session is for adults only. 9:00-11:00.



Individual School Photographs

Individual school photographs will take place on **Monday morning**. Siblings who do not attend Emscote Infant School are very welcome to join us for family photographs and should arrive from **8:10am**.

Harvest Celebration

We are looking forward to our Harvest Church Service on **Tuesday 13th October at approximately 9:00am**. This is always a lovely occasion and an opportunity for us to come together as a school community. Parents are welcome to join us. We would be very grateful for any donations for the local food bank, which will be collected and shared following the service.

Parent Evenings

Parent Evening appointments will be held on **Tuesday 20th October** and **Thursday 22nd October**.

You should have now received your booking link. If you have experienced any difficulties booking an appointment, please contact the school office.

Appointments are strictly **10 minutes long**, and teachers may use timers to help keep to schedule. We kindly ask all families to respect these timings so that everyone receives their allocated appointment. If you feel you require a longer discussion, please speak directly with your child's class teacher to arrange an additional meeting.

Reception Children Settling In

Finally, we would like to say how impressed we are with our new Reception children. They are settling into school brilliantly and showing increasing confidence each day.

We would encourage families, wherever possible, to allow children to walk independently from the school gate into the playground and classrooms. This helps to build resilience, confidence and independence. It also reduces the number of adults on the playground, helping to create a calmer and less overwhelming environment for all children.

If you wish to pass a message on to teachers in the morning, please do this via the office who can pass this on admin2332@welearn365.com

Thank you for your continued support. We look forward to another busy and exciting month ahead at Emscote Infant School.

Mrs Nicol and the Emscote Infant School Team  



Important Dates

5th October – School Pictures (For siblings arrive 8.10am)

13th October - Harvest at Church (9am parents welcome)

20th October – Parents Evening (3.30-6.30pm)

22nd October – Parents Evening (3.30-6.30pm)

26th October – 30th October - Half Term

3rd November – PTA Firework Display (5.30pm All Saints)

9th November –PTA Disco (4pm Emscote YR1 & YR2)

13th November – Children in Need (Where something spotty for £)

19th November –Grandparents Tea and Cake (2.15pm)-Tickets on sale soon

20th November – Inset Day (School Closed)

24th November – None Uniform Day – Donation for Tombola)

27th November– PTA Christmas Fayre (Emscote 3.45-5.30pm)

1st December– Nativity (Reception -10am and 2pm)

8th December – Nativity (Year 1 -10am and 2pm)

10th December – Craft Day (Reception 9.30am and 1.30pm)

14th December – Book Look In Class (3pm via the playground)

15th December –Christmas Theatre Trip (Whole School)

15th December – Nativity Carol Service 4pm (Year 2 parents welcome)

16th December – Christmas Jumper Day



HELP US SPRUCE UP OUR SCHOOL GROUNDS!

CALLING ALL GREEN-FINGERED VOLUNTEERS!

Mr Green and Mr Queralt need your help!



**SATURDAY
3 OCTOBER**



**9.00am –
11.00am**



**EMSCOTE
INFANT SCHOOL**

WE NEED HELP WITH



Cutting back hedges



Raking leaves



Weeding flower beds



General tidying
and clearing



PLEASE BRING



Secateurs



Rakes



Spades



Gardening gloves



Any other gardening
tools you may need



EXTRA HELP WANTED

If possible, please bring
a bag of

**DAFFODIL or
TULIP BULBS**

to plant for a
colourful spring
display!



ADULTS ONLY EVENT

For safety reasons, children cannot
attend as gardening equipment
and tools will be in use.



EVERY PAIR OF HANDS HELPS!

If lots of people can spare just two hours, we can make a
huge difference together and help keep our beautiful school
grounds looking their best for the children.

Thank you for supporting our school community! ♥



Warwickshire School Term and Holiday Dates - 2026/27

M	T	W	T	F	S	S
Aug-26						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

M	T	W	T	F	S	S
Sep-26						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

M	T	W	T	F	S	S
Oct-26						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

M	T	W	T	F	S	S
Nov-26						
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Dec-26						
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Jan-27						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Feb-27						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Mar-27						
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29	30	31				

Apr-27						
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26	27	28	29	30	31	

May-27						
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31						

Jun-27						
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28	29	30				

Jul-27						
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26	27	28	29	30	31	

Aug-27						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sep-27						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Half Term	Days
1	39
2	35
3	30
4	24
5	34
6	33
Total	195

	Total days
Autumn Term	74
Spring Term	54
Summer Term	67

-  School Holiday
-  Public Holiday
-  Teacher Training Day (+3 to be set by school)

-  Secondary School Induction Day



AUTUMN / WINTER MENU 2026/27

Planet Friendly

Hidden Vegetables

Choice/Jkt (water only)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

09/11/26

30/11/26

04/01/27

25/01/27

22/02/27

15/03/27

MAIN Pork Sausages in Gravy with Diced Potato (G.SB.SU)

Chicken Pie with New Potatoes (G)

Yorkshire Pudding filled with Diced Chicken & Gravy with Roast Potatoes (D.E.G)

(v) Mac 'n' Cheese with Malted Wheat Baguette (G.D)

Salmon Fishcake with Chips (F.G)

(v) Vegetarian Hotdog with Diced Potatoes (G.SB)

(v) Vegetable Lasagne with Garlic Bread (G.D)

(v) Classic Quorn Fillet in Gravy with a Yorkshire Pudding Roast Potatoes (D.E.G)

(v) Country Garden Vegetable Fingers with Potato Wedges (G)

(v) Cheese and Tomato Pizza Slice with Chips (D.G)

DESSERT

(vg) Flapjack (G)

(v) Peach Cobbler & Custard (G.D.E)

(v) Cornflake & Apple Fian with Custard (G.D.SU)

(v) Lemon Drizzle Cake (G.E)

(v) Chocolate Orange Sponge (G.D.E)

WEEK TWO

10/11/26

07/12/26

11/01/27

01/02/27

01/03/27

22/03/27

MAIN Italian Pork Meatball Sub with Diced Potatoes (G.D)

(v) BBQ Quorn Fillet in a Wrap with Rainbow Rice (G)

British Roast Chicken fillet, Sage & Onion Stuffing & Gravy with Roast Potatoes (G)

Beef Lasagne with Crusty Bread (G.D)

(msc) Battered Fish Fillet with Chips (F.G)

(v) Tomato Pasta Bake with Malted Wheat Baguette (G.D)

(v) Vegetarian Chilli Taco with Noodles (D.SB.G.E)

(v) Plant Power Toad in the Hole with Roast Potatoes (G.E.D)

(v) Plant Burger in a Bun with Diced Potatoes (G)

(v) Cheese & Baked Bean Pasty with Chips (G.D)

DESSERT

(vg) Lemon Shortbread (G)

(vg) Ginger Cookie (G)

(v) 'School Favourite' Sprinkles Sponge Cake (G.E)

(vg) Apple Enchilada (G)

(v) Ice Cream (D)

WEEK THREE

02/11/26

23/11/26

14/12/26

18/01/27

08/02/27

08/03/27

MAIN (v) Cheese and Tomato Pizza Slice with Potato Wedges (D.G)

Chicken Fillet Wrap with Herby Diced Potatoes (G)

Pork Toad in the Hole & Gravy with Roast Potatoes (G.SB.SU.E.D)

Beef Bolognese with Garlic Bread (G) Cheese (D)

(msc) Fish Fillet Finger with Chips (F.G)

(vg) Saag Aloo Curry with Rice

(v) Pasta Peas & Sweetcorn with Malted Wheat Baguette (D.G)

(v) Quorn Fillet in Gravy, Yorkshire Pudding with Roast Potatoes (D.E.G)

(v) Vegetable Burrito with Rice (G.D)

(v) Crispy Quorn Dippers with Chips (G)

DESSERT

(vg) Carrot & Orange Cookie (G)

(v) Caramelised Banana Waffle (G.E.SB)

(vg) Chocolate Cracknell (G)

(v) Apple Crumble & Custard (G.D)

(v) Spiced Pear Muffin (G.E.D)

Available Daily:

Jacket Potato - (v) Cheese (D), Tuna (F.E) or (vg) Baked Beans
(vg) Fresh Bread Basket
Daily Salad Selection
Vegetables of the Day
Fresh Chilled Water
(v) Yoghurt (D.SB) or (vg) Jelly or Fresh Fruit.

educaterers

caring is our secret ingredient

ALLERGIES

Please contact your school cook for information regarding the content of dishes and products on our menu.

ALLERGEN KEY

VG-Vegan, V-Vegetarian,
G-Gluten/Wheat, C-Celery,
S-Seame, F-Fish,
M-Mustard, SU-Soya/beans,
D-Dairy, E-Eggs,
SB-Soya/beans.



Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Gratitude

Gratitude is the act of looking for things that make us feel happy and being thankful for them. For example, saying "thank you" to someone who did an act of kindness such as holding a door open for you, or telling your friend that you're happy they make you laugh and tell you funny jokes.

We can also be thankful to ourselves. We all have different skills and talents which bring us joy. What is yours? It might be skateboarding, cooking, sport or dancing. Whatever your skill or talent is, be thankful for it!

"Joy is the simplest form of gratitude." – Karl Barth

Notice the good in your life - practise gratitude

Look around, can you see something that makes you feel happy? For example, your best friend's smiling face. Listen, can you hear something that makes you feel happy? For example, music that makes you want to dance.

Being thankful for the good things in your life can improve your wellbeing and reduce feelings of frustration. It gives you the chance to reflect on the good things you have accomplished and have a more positive mindset.

Each day this week, try and notice three people/places/things that you are thankful for. Write these down on your phone or a notepad to be able to look back on and appreciate the positive aspects of your week.

Express gratitude

Show your appreciation to someone who did something nice. Say: "It was really kind of you to...", "It really helped me out when you..."

Tell the people in your life how you feel and what they mean to you. This can be as simple as "Mum, good dinner. Thanks!"

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Mental Health Support Team
in Schools



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Tips For Wellness Nutrition

Nutrition refers to the nutrients in food and how our body uses them to stay strong and healthy. There are lots of positive benefits for our **physical health**, nutrition is also really important for our **mental health**!

Our brain works hard taking care of our thoughts, movements, breathing, heartbeat and senses (even when we are sleeping!), so we must fuel our brain with nutritious foods to help us function. This can help us to think clearly, increase our energy levels and support concentration. What we eat also affects our mood too!

Our tips:

1. **Get involved in the cooking**– Can you help your parent/carer to prepare dinner? This can be a fun way to spend time with others and learn a new skill.
2. **Make it fun**- There are lots of different ways different foods can be prepared. You could try experimenting putting different food together to see what you like and don't like.
3. **Try something new**- When was the last time you tried a new food? It can be exciting to find out what food we like and don't like. Also, our tastes can change as we grow and develop. See if you can set yourself a challenge to try a new food this week.
4. **Keep Hydrated**- Dehydration could lead to headaches, difficulty focusing and may impact sleep. Try to ensure you are regularly drinking water, it can be useful to bring a bottle of water to school every day to remind you to stay hydrated!

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Introducing **My School Fund**, an exciting new initiative that combines the spending power of parents, guardians and carers in order to **boost school budgets**.

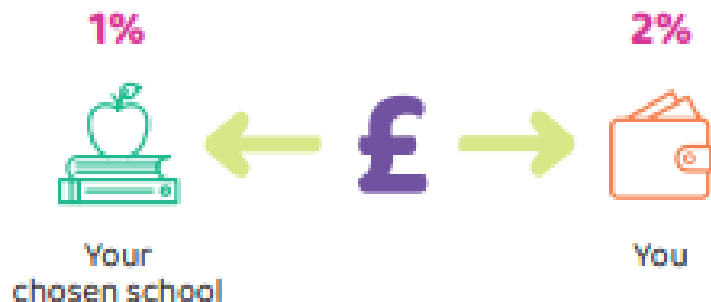
myschoolfund.org

How does it work?

My School Fund links your spend to your chosen school, meaning every time you make a purchase at participating retailers you both benefit through an innovative cashback scheme.

What's in it for me and my child's school?

Both you and your child's school will receive eGift Cards to spend in participating retailers based on a percentage of your overall spend.



Add that all up across the school's network of families and together we can all make a big difference!

Visit myschoolfund.org and register for free today!

Getting started



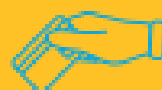
Step 1

Visit myschoolfund.org to sign up for free and link to your child's school



Step 2

Register your credit/debit card to your account



Step 3

Spend at participating retailers



Step 4

Start receiving your eGift Cards!

GOGO MAKERS
INSPIRING YOUNG MINDS TO THINK BIG!

DARE TO GO GO!

MULTI-ACTIVITY, AWARD-WINNING
OCTOBER HALF TERM HOLIDAY CAMPS

RECEPTION

- GO GO CREATORS ART
- GO GO FRANKENSTEIN'S STEM
- GO GO ACTIVE SPORTS
- GO GO GROOVERS DANCE

YEARS 1-2

- GO GO CREW JNRs
- CREEPY CREATIONS ART
- WEIRD SCIENCE STEM
- SPOOKY SPORTS SPORTS
- BOO-GIE TIME DANCE
- GHOUL GAMES

YEARS 3-6

- GO GO CREW SNRs
- DARK ARTS ART
- MAD SCIENCE STEM
- DARE TO COMPETE SPORTS
- MONSTER MOVES DANCE
- BATTLE STARS GAMES

Ofsted ★★★★★ **RATED 5 STARS ON GOOGLE**

MONDAY 26th UNTIL FRIDAY 30th OCTOBER

LOCATIONS

★ **KENILWORTH WARWICK GATES WARWICK**



BEST FANCY DRESS PRIZES

PRICES & TIMINGS

STANDARD DAY (9AM - 3.30PM)	£37.95
GO GO MORNING MAGIC (8AM ONWARDS)†	+£5.50
GO GO AFTER HOURS (3.30PM - 5.30PM)†	+£6.00

TRIAL US FOR FREE!!! 26TH SEPTEMBER
AT HEATHCOTE PRIMARY OR EMSCOTE INFANT SCHOOL



WE ACCEPT

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A QR code is displayed in the center, with a circular icon below it containing a smaller QR code. Below the QR code is a dark blue button with the text "SCAN ME".

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WEBSITE AND SHOP YOUR SCHOOL
UNIFORM FROM THE COMFORT OF
YOUR OWN HOME

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BEEN EASIER!**
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