**Long Term Plan for Physical Education**

**Dance CPD delivered by Fiery Feet specialist Dance Company for each year group to aid progression of skills on Mondays & afterschool club offered.**

**Blue boxes highlight CPD opportunities delivered by D. Partridge/Mr Bevan specialist PE teachers-Warwick School on Tuesdays & afterschool club offered.**

**Tennis by CoolSportz afterschool club offered all year.**

**Mini Movers offer four active lunchtimes to allow achievement of Active 60 in/out of school.**

**Marathon Kids participation available for all year groups during one lunchtime, some playtimes and brain breaks throughout the day.**

**Reception have ‘Welly Walks’, free flow sessions in outdoor environment, & Finger Gym and Dough Disco to develop gross & fine motor skills.**

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|  | **Themes repeated each year so that skills can be developed and revisited in order to build towards the sport games in year 2.**  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| ReceptionSee Also Separate EYFS LTP for More Detail | Cherry | Spatial AwarenessMulti- skills & FUNDAMENTALSABC | Teamwork/sharing skills &Movement | Gymnastics Dance (FF) | Sending & Receiving/Basic Team Games Dance (FF) | Multi-skills/movement & **FUNDAMENTALS**   | Athletics &Yoga |
| Willow | Spatial AwarenessMulti- skills & FUNDAMENTALSABC | Teamwork/sharing skills &Movement | GymnasticsDance (FF) | Sending & Receiving/Basic Team Games Dance (FF) | Multi-skills/movement & **FUNDAMENTALS**   | Athletics &Yoga |
| Year 1 | Chestnut | Multi-skills Fundamentals ABC’sDance (FF) | Handball skillsDance (FF) | GymnasticsTeamwork/ sharing skills | Tag Rugby skills& Yoga | Football skills& Cricket | Tennis & Athletics |
| Oak | Multi-skills Fundamentals ABC’sDance (FF) | Handball skillsDance (FF) | GymnasticsTeamwork & sharing skills | Tag Rugby skills& Yoga | Football skills& Cricket | Tennis & Athletics |
| Year 2 | Sycamore | Netball skills | Basketball skills (outdoor) / Handball skills (Indoors)& Yoga | Gymnastics& Fitness Circuits outdoor/indoor  | Hockey skills (Outdoor) / Tag rugby skills (Indoor)  | Tennis Dance (FF) | Cricket& AthleticsDance (FF) |
| Maple | Netball skills | Basketball skills (outdoor) / Handball skills (Indoors)& Yoga | Gymnastics& Fitness CircuitsOutdoor/indoor | Hockey skills (Outdoor) / Tag rugby skills (Indoor) | Tennis Dance (FF) | Cricket & AthleticsDance (FF) |