

Free SCHOOL MEALS

UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch every day. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.

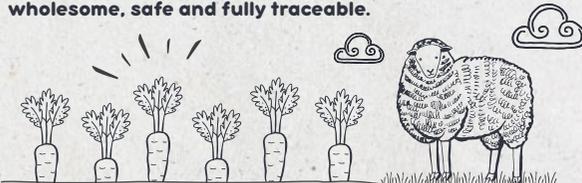


OUR INGREDIENTS

IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



PROMOTIONS

LOOK OUT FOR OUR CALENDAR OF EXCITING THEMED MENUS AND PROMOTIONS INCLUDING;

Mythical Creatures Menu - October

Hello Yellow - World Mental Health Day - October

Bonfire Banquet - 5th November

Food for Life Roast Dinner Day - November

Chinese New Year - February

World Book Day - March

Pupil Favourite Lunch - May

Sport's Day Picnic - July

...and not forgetting our Amazing Christmas Lunches with all the trimmings - December

Please note not all schools participate in all themed events, check with your child's school for more details.



the NUTRI GANG

"On a mission for nutrition"



TOP 5 facts about our lunch.

Fact 1

We are the school meal specialists serving over 130,000 meals every week.

Fact 2

At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

Fact 3

All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

Fact 4

We work with NHS dietetics teams across the region to support customers with special dietary needs.

Fact 5

Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

Join our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



Find out more about Saffron, Iris, Reece and Doug, our NUTRIGANG at www.educaterers.co.uk

educaterers  A FOOD STORY

www.educaterers.co.uk
Email: contactus@educaterers.co.uk

Menu may change to meet customer preferences.



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Week one

Week Commencing: 31/08, 21/09, 12/10, 9/11, 30/11, 4/12/1, 25/1, 22/2, 15/3, 19/4, 10/5, 7/6, 28/6, 19/7.

MONDAY

Choose a main meal...

British Pork Sausages with Gravy and Creamy Mashed Potatoes

Vegetarian only

(vg) Veggie Sausages with Gravy and Creamy Mashed Potatoes

On the side...

Vegetables of the Day

For dessert...

(v) Cheddar Cheese, Crackers and Apple Slices or Fresh Fruit

TUESDAY

Choose a main meal...

Barbeque Marinated British Chicken Breast Wrap, Baked Potato Wedges

Vegetarian only

(v) Jacket Potato with Cheddar Cheese

On the side...

Fresh Salad
Corn on the Cob

For dessert...

(v,h) Iced Mandarin Sponge or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**

British Roast Pork Joint or Loin Steak or Gammon Joint, Apple Sauce, Gravy and Crispy Roast Potatoes

Vegetarian only

(v) Veggie Sausage Toad in the Hole, Gravy and Crispy Roast Potatoes

On the side...

Vegetables of the Day

For dessert...

(v,h) Apple Pie and Custard or Fresh Fruit

THURSDAY

Choose a main meal...

(h) Lowerhurst Farm Organic Beef Bolognese with Pasta and Malted Wheat Baguette

Vegetarian only

(vg,h) Veggie Bolognese with Pasta and Malted Wheat Baguette

On the side...

Vegetables of the Day

For dessert...

(v) Chocolate Mousse with Fruit in Juice on the Side or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) *Crispy Fishcake with Criss-Cross Potatoes

Vegetarian only

(v) Quorn Nuggets with Criss-Cross Potatoes

On the side...

Peas
Baked Beans

For dessert...

(v,h) Sticky Ginger Cake or Fresh Fruit

Week two

Week Commencing: 7/9, 28/9, 19/10, 16/11, 7/12, 11/12/1, 1/2, 1/3, 22/3, 26/4, 17/5, 14/6, 5/7.

MONDAY

Choose a main meal...

Organic Pork Meatballs, Rich and Rustic Tomato Gravy and Pasta

Vegetarian only

(v) Jacket Potato with Cheddar Cheese and Baked Beans

On the side...

Vegetables of the Day

For dessert...

(vg,h) Chef's Choice Flapjack or Fresh Fruit

TUESDAY

Choose a main meal...

Brunch Lunch – Bacon Medallion, Pork Sausage, Omelette and Baked Potato Wedges

Vegetarian only

(v) Chef's Free Range Omelette with Baked Potato Wedges

On the side...

Peas
Baked Beans

For dessert...

(v,h) Chef's Sponge Cake Choice with Fruit in Juice on the Side or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**

British Roast Beef, Yorkshire Pudding, Gravy and Crispy Roast Potatoes

Vegetarian only

(v) Quorn Fillet, Yorkshire Pudding, Gravy and Crispy Roast Potatoes

On the side...

Vegetables of the Day

For dessert...

(v,h) Fruit Crumble and Custard or Fresh Fruit

THURSDAY

Choose a main meal...

(h) British Chicken Pie with Gravy, Creamy Mash

Vegetarian only

(vg,h) Veggie Sausages with Gravy, Creamy Mash

On the side...

Vegetables of the Day

For dessert...

(v) Organic Yoghurt or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

Vegetarian only

(v) Quorn Nuggets with Chipped Potatoes

On the side...

Peas
Baked Beans

For dessert...

(v) Two Dinky Doughnuts with Dipping Sauce or Fresh Fruit

Week three

Week Commencing: 14/9, 5/10, 2/11, 23/11, 14/12, 18/12/1, 8/2, 8/3, 29/3, 3/5, 24/5, 21/6, 12/7.

MONDAY

Choose a main meal - **MEAT FREE MONDAY**

(v) Cheese and Tomato Pizza with Baked Potato Wedges

On the side...

Peas
Baked Beans

For dessert...

(vg,h) Chocolate Cracknel or Fresh Fruit

TUESDAY

Choose a main meal...

Lowerhurst Farm Organic Beef Grill in a High Fibre Bun with Crispy Potatoes

Vegetarian only

(v) Quorn Burger in a High Fibre Bun with Crispy Potatoes

On the side...

Fresh Salad
Mixed Vegetables

For dessert...

Jelly with Fruit or Fresh Fruit

WEDNESDAY

Choose a main meal... **WEDNESDAY ROAST**

British Roast Chicken Joint or Fillet, Gravy and Crispy Roast Potatoes

Vegetarian only

(v) Quorn Fillet, Gravy and Crispy Roast Potatoes

On the side...

Vegetables of the Day

For dessert...

(v,h) Up-Beet Chocolate Cake and Hot Chocolate Sauce or Fresh Fruit

THURSDAY

Choose a main meal...

(h) Lowerhurst Farm Organic Beef Lasagne with Garlic Bread

Vegetarian only

(vg) Veggie Hot Dog in a Finger Roll with Ketchup and Baked Potato Wedges

On the side...

Fresh Salad
Sweetcorn

For dessert...

(vg,h) Zesty Orange Cookie or Fresh Fruit

FRIDAY

Choose a main meal... **FISHY FRIDAY**

(msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes

Vegetarian only

(v) Jacket Potato with Cheddar Cheese

On the side...

Peas
Baked Beans

For dessert...

(v) Ice Cream Tub or Fresh Fruit