#### Emscote Express

Issue 1, 15<sup>th</sup> September 2023



Welcome back to our returning Year 1 and 2 families and a huge welcome to our new EYFS families.

It has been wonderful to see the children settling into school getting to know their new teacher and classmates!

The children have been learning about their class and school routines and expectations and have already delved into their curriculum. This week parents who were available had the opportunity to pop in and meet the teacher in Year 1 and 2 and find out all about the coming year. Parents who were not able to make this will be receiving the same information electronically. If you have any questions about this, please do speak to your child's class teacher at the end of the day or contact the office on admin2332@welearn365.com.

You will be aware that there have been a number of staffing changes at Emscote for the new academic year and as Mr Queralt moves to the role of Executive Headteacher, he will be sharing his time between here and All Saints. I will be a new face to most of you as I step into the role of Head of School and look forward to getting to know you all of the coming months. Other new faces include Mrs Cartledge, our federation SENDCo who will be working to support the journey of children and families with additional needs and Miss Hewitt, who will be supporting children within our Early Years team.

This week in our Monday assembly we talked about the works of Roald Dahl, as many people celebrate Roald Dahl day. It was wonderful to hear how many KS1 children are familiar with his stories and I enjoyed hearing about their favourites. Reading to your child and sharing books together is one of the most important things you can do to support their learning and development, and remember you are welcome to borrow some books from the school library to enjoy at home.

All parents were sent a link via text earlier this week to an NHS webpage entitled *Is My Child Too III for School?* We would encourage parents to consider this if your child has been unwell and you are unsure whether they should attend.

Next week classes in Year One and Two will be voting for their school counsellors and their eco-Rangers. If your child is interested in either position, they should prepare a small presentation to share. This should be on a relevant topic, for example an eco-issue such as recycling or any topical issue that they wish to share with their classmates.

With very best wishes for a successful and exciting year,

Mrs Nicol

#### Dates for the Diary 2023/24

Fri 29th Sept	McMillan Coffee Morning (Federation)	McMillan Coffee Morning Held at Emscote. We look forward to parents joining us (children to remain in class).
Tues 10th Oct	Wear it Yellow for World Mental Health Day	No donation required. Children can come in their own clothes and wear something yellow
Mon 16th Oct	Individual school photos	
Wed 18th Oct	Harvest Festival Church Service	Parents welcome to join us for our church service after morning drop off. Donation for our local foodbank would be very welcome on the day.
Fri 20th Oct	Reception Phonics and Maths Afternoon 1.30pm	Parents are invited to join us at 1.30pm for a workshop to learn more about how we teach phonics and maths. You are then encouraged to stay and play before home time.
24/25/26 Oct	Parents Evening	More details to follow
30th Oct - 3rd Nov	Half Term	
Mon 6th Nov	Inset Day	
Mon 13th Nov	Odd Socks Day for Anti Bullying Awareness	No donation required. Children to wear uniform and odd/crazy socks to help us celebrate difference and diversity in our community.
Fri 17th Nov	Children in Need	More details to follow
Fri 24th Nov	Flu Immunisations - all year groups	Online consent form to follow
Fri 22nd Dec	Last Day of Term	
Mon 8th Jan	Inset Day	
Tues 9th Jan	Children return to school	

#### **PE Days**

Please ensure your child comes to school dressed in PE Kit (plain white t-shirt, black shorts or joggers/leggings for colder weather, trainers and a school jumper) on the correct days. Please see below for a handy reminder of when each class has PE.

**CHERRY – THURSDAY AND FRIDAY** 

WILLOW – TUESDAY AND FRIDAY

OAK - MONDAY AND WEDNESDAY

CHESTNUT – MONDAY AND WEDNESDAY

**MAPLE – TUESDAY AND FRIDAY** 

**SYCAMORE – TUESDAY AND FRIDAY** 



#### Vacancy at Emscote!

We have vacancies for Mid-Day Supervisors. We are looking for people who are available to work in school at lunch times each day to support the children in the dinner hall and out on the playground. If you would like to apply on a part-time basis (less than 5 lunch times) this will also be considered. You will require a DBS certificate; which school will arrange. If you, or anyone you know is interested in applying for this post, please contact the school office <a href="mailto:admin2332@welearn365.com">admin2332@welearn365.com</a> to find out more.

#### **Eco and School Council**

Next week classes in Year One and Two will be voting for their school counsellors and their eco-Rangers. If your child is interested in either position, they should prepare a small presentation to share. This should be on a relevant topic, for example an eco-issue such as recycling or any topical issue that they wish to share with their classmates.

#### Lunches

Children will continue to order their meal at the start of the day after registration. The children can choose between a meat or vegetarian option, so please ensure you have talked through the choices with your child so they know what to order. A copy of the menu for this academic year has already been emailed out but is also attached to this newsletter.

#### **Nut Free School**

If you choose to send your child in with a packed lunch please remember that we are a <u>nut free</u> school. Please do not send any items that contain nuts (eg Nutella) as we have children with severe allergies who attend the school.

#### Flu Immunisations

Children from reception, Year 1 and year 2 are able to receive their annual flu vaccination in school on Friday 24<sup>th</sup> November. Vaccinating your child will help protect more vulnerable friends and family by preventing the spread of flu. The vaccination is a free, quick and simple spray up the nose. An electronic consent form has been emailed to all parents. The link for the consent form expires on 18/9/22 so please be sure to take the time and complete this.

**Mathletics** 

#### **Mathletics**

Your child will be given a log in and password. Please help them complete 1000 points per week – about 30 minutes. As always, if your child gets a Silver certificate we will present it in the Monday assembly. If your child managed to get a GOLD, this will be resented in the Friday sharing assembly. Please note the certificates are given the week after they receive it online. If you have any problems please email the office and we will sort it out. <a href="mailto:admin2332@welearn365.com">admin2332@welearn365.com</a>

Cool Mille

#### **Register your child for School Milk**

Parents can register safely online simply visit <a href="www.coolmilk.com">www.coolmilk.com</a> and select 'register my child for school milk'. Children over (or approaching) age 5 can still enjoy their school milk for around £16 a term once their free entitlement ends.

#### **Birthdays**

We have a special Birthday tradition at Emscote! The children are allowed to wear their own clothes to school on their birthday. It means that everyone can wish them a Happy Birthday! If your child's birthday is at the weekend or during a holiday then they can wear their own clothes on the nearest Monday/Friday.

#### **Important Changes to Violin Lessons at School**

From September 2023, Warwickshire Music will be responsible for the booking and invoicing of music lessons in school. This means if you wish your child to have/ continue violin lessons in school, you will need to enrol directly with Warwickshire Music. To access Warwickshire Music online portal please click the link;

https://warwickshiremusic.paritor.com/ to sign up TODAY. We are pleased to work in partnership with Warwickshire Music to deliver an exciting offer for your child to learn to play a musical instrument.

You can find more information on Warwickshire Music website here: Playing a musical instrument or learning to sing is great fun and helps children to develop self-discipline and confidence. Mastering an instrument can enhance educational attainment and creativity and gives children a sense of achievement. It also has positive benefits on their health and wellbeing.

#### **Make Reading Fun!**

We encourage all families to read with their children at least 4 times a week and to make a note of this their in their reading diaries. Reading is a great way to spend time with your children and research shows that exploring books has so many benefits for children as well as being lots of fun. For lots of advice and tips on how to encourage your child to read visit www.booktrust.org.uk

#### Communication

Please be aware that we will often make contact with parents/carers via text message and email. Please ensure that you inform the office of changes to contact numbers and email addresses to that we can keep in touch.

#### **Email**

If you wish to email school directly with any questions or to pass a message to a teacher please contact the office at admin2332@welearn365.com

#### **School Uniform**

Please visit www.gooddies.co.uk or https://www.creativeembroiders.co.uk/ for all labelled school uniform orders.

#### **No Phones Policy**

We have a no phones policy in school and would like to extend this to our playground and school gates so that we can set a good example. Please can parents refrain from using mobile phones in the playground and around the school, especially when collecting their children. Thank you!

#### **School Open Days/Tours**

Traditionally we like to show any prospective parents our school on a one to one basis rather than offering an open day. Please let any family and friends know to contact the office at admin2332@welearn365.com to arrange a tour of the school.

#### **Library Open**

It will be open from 3.10 -3.30 on a Monday and Thursday after school.

Our library works on a trust basis, your child can take a book, or two, and bring them back when you are done. Please be aware we have very limited staffing hours to put books back and keep the library tidy, so please put books away and make sure children are supervised closely at all time.

#### Welcome to the Family Information Service Newsletter!

In this week's Family Information Service newsletter there is information about a uniform recycling shop in Leamington, fire safety advice, an Act on Energy event and much more!

The Family Information Service (FIS) supports families across Warwickshire with advice and information. You can get in touch with the team for by emailing fis@warwickshire.gov.uk or calling 01926 742274.



On Thursday we welcomed a film crew from the BBC who are filming a new programme for CBeebies, called *I Can Do It, You Can Too!* The series will see dynamic kids pass on their awe-inspiring abilities to young beginners. No children were included in filming, but locations filmed were the library, playground and main hall. Some of the staff enjoyed taking photographs with some of the crew and presenter Aaron Roach-Bridgeman. Look out for the series, coming soon.





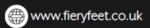
#### **Macmillan Coffee Morning at Emscote**

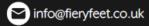
We look forward to welcoming you at Emscote for the annual Macmillan coffee morning on Friday 29<sup>th</sup> September. This will be an unticketed event and will start at 9am after drop off (parents only, children will remain in class)

Donations of cakes and/or biscuits will be gratefully received - please send into Emscote either the day before or on the morning of the coffee morning. Donations can be made on the day or at

https://coffee.macmillan.org.uk/about/what/









#### Fiery Feet Dance Studio - After School Club

From next week we are pleased to announce we will be running an after-school dance club at Emscote Infant School for children in years 1 and 2.

Launching Monday 18 September, 3.00-4.00pm

Dancers will learn fun and engaging routines and work towards a performance at the end of term.

£5.00 per session (£45 for the full term)

Please sign up using the link below:

https://fiery-feet-dance-studio.classforkids.io/info/280

Could you please notify us by email if your dancer needs to go from dance club to Scallywags afterschool club

If you have any questions please do not hesitate to contact us.

#### FREE SCHOOL MEAL ENTITLEMENT AND PUPIL PREMIUM REGISTRATION

Due to the current situation with COVID-19, we are aware that Parent and Carer's circumstances may have changed. Depending on your family/household income, your child may be eligible for **Free School Meals.** All children in Infant School receive a free hot meal at lunch-time, but this is a separate entitlement.

If your child qualifies for Free School Meals they will also receive **Pupil Premium funding.** This entitles your child to free or subsidised school trips, music lessons, school uniform and help to access after school clubs. Registering children for Free School Meals and subsequently Pupil Premium also enables the school to claim additional funding to improve resources for your child in school.

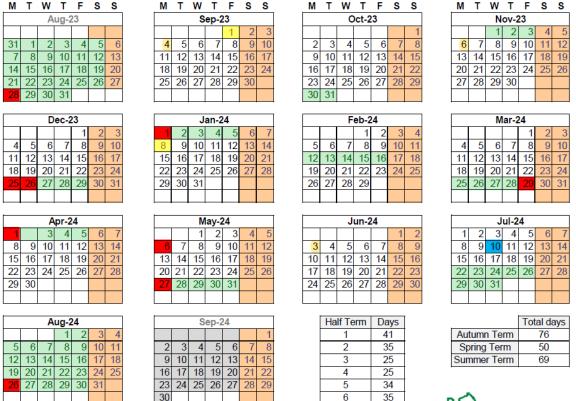
If you can answer yes to any of the following questions you may be eligible:

- •Is your joint family **income** under £16,190 per year?
- Are you in receipt of any of the **benefits** listed below?
- •Income Support
- Income-based Jobseekers Allowance
- •Income-related Employment and Support Allowance
- •Support from NASS (National Asylum Support Service) under part 6 of the Immigration and Asylum Act 1999
- •the guarantee element of State Pension Credit
- •Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190
- Working Tax Credit run-on
- Universal Credit.
- Are you or your partner a member of the **Armed Forces**?

All reception, year 1 and year 2 children in state-funded schools can have a free hot meal at lunchtime. This is known as 'Universal Entitlement'. If you think you are eligible for any of the criteria above we recommend that you still apply. This will mean that your child's school does not miss out on important funding. It may also mean your child will continue to receive free meals after the end of year 2.

If you think you are eligible then you can apply online at <a href="https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals">https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals</a>









Total

195



### Mental Health in Schools Team (MHST) Tips For Wellness:

#### RESILIENCE

Resilience is our ability to **bounce back** from difficulties and adapt to challenging experiences. There are times when things will not go how we planned, so being resilient will help us keep going and try again. Resilience is not something we have, or do not have, we can all develop our resilience!

#### Our tips for being more resilient:

#### 1- Practise saying these phrases about your work:

"I did better than I thought I would" instead of "I didn't do as well as I'd imagined"

"I pushed myself and worked hard" instead of "I could have worked harder"

"I took a chance and tried something new" instead of "I stuck to what I know"

"I listened to others' feedback" instead of "I kept going using my own approach"

"I asked for help when I needed it" instead of "I did not understand what I was supposed to be doing"

#### 2- Ways you can be resilient:

-Take a positive perspective
-View challenges as learning opportunities
-Focus on the things you can control, instead of dwelling on the things you can't

#ThanksKids recognises the efforts and kindness of children and young people, and thanks
them with personalised #NHSStars certificates. If you know a child or young person that
deserves recognition for going above and beyond, don't wait, nominate!

thankskids@covwarkpt.nhs.uk

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.



#### **How to Reduce Power Struggles**



Are you tired of constant arguments when it's time for your child to wear a coat, tidy up, or brush their teeth?



#### Here are some things you can do to really make a difference:

#### Set Non-Negotiables:

Start by defining a list of "non-negotiables." These are the essential tasks that your child must complete, like brushing their teeth. Everything else can be a gradual work in progress. Remember, your child needs to be able to assert themselves and say no, so give them that space.

#### Offer Choices:

Instead of commanding your child to do something, provide options. For instance, ask, "Do you want to clean up by yourself, or would you like same help?" This approach empowers your child by giving them a sense of control while still conveying your expectations.

#### Find Mutual Wins:

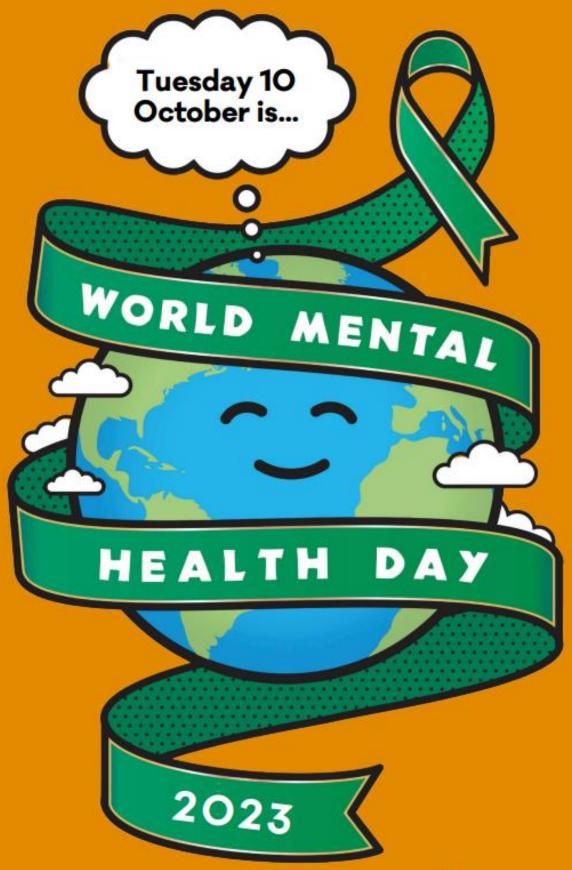
Explore solutions where both you and your child can win. When facing resistance, ask, "How can we both win in this situation?" For example, if getting dressed for school is a struggle, consider allowing your child to choose their outfit the night before and wear it to bed. This approach might create a compromise that eliminates morning battles.

#### **Encourage Open Communication:**

Sometimes, it helps to ask your child why they're reluctant to do something. Give them a chance to express themselves without judgment. There could be underlying reasons they're not sharing. By listening, you show that you care and respect their feelings.

#### Maintain Connection:

Remember, our parenting rules have good intentions, but power struggles can hinder progress. Focus on staying connected with your child. Aim for solutions that strengthen your bond and allow you both to achieve your goals.







#### HARVEST APPEAL

### COLLECTION POINT HERE

#### SHOPPING LIST TOP TEN ITEMS

Milk (long life) Tinned custard

Tinned rice pudding

Squash

Biscuits

Instant mash

Instant noodles

Small choc bars

lane

Toilet rolls

Don't forget ...

You can help transform more lives with a financial donation too.

#### **DONATE FOOD**

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.







Warwick District Foodbank Tel: 07850 293383

Email: info@warwickdistrict.foodbank.org.uk

Registered Charity in England & Wales 1160705





Family-friendly worship with crafts, songs & refreshments

3rd Sunday of the month at 10.30am

#### Sunday 17th September

God's Wonderful Creation

Sunday 15th October

Harvest

Contact Ania for more details:



COME AND SEE!



## WARWICKSHIRE

PARENT CARER VOICE

### JOIN YOUR LOCAL PARENT CARER FORUM

with special educational needs and/or disability (SEND)? child or young person aged 0-25 Are you a parent or carer of a





## WARWICKSHIRE

PARENT CARER VOICE

### CARER FORUM? WHAT IS A PARENT

of disabled children. Their aim is to make sure the A parent carer forum is a group of parents and carers are completely independent of Warwickshire County services in their area meet the needs of disabled Council and the local health services. children and their families. Warwickshire Parent Carer Voice is the recognised forum for Warwickshire. We



young people with special educational needs and to develop and improve services for children and and experiences matter, and gets their voice heard parent carer in Warwickshire feels that their views Warwickshire Parent Carer Voice is a parent care ed organisation working to ensure that every

person (aged 0-25) regardless of their disabilities services) in Warwickshire, with a child or young We welcome any parent carer who lives (or uses (no diagnosis necessary) to join us.

Tell us your experiences | Fill in our surveys | Join our meetings Spread the word | Join us as a Member

or email hello@warwickshireparentcarervoice.org for more information Visit our website: www.warwickshireparentcarervoice.org

## WHAT DO PARENT CARER FORUMS DO?

or improvements need to be made. services, processes and commissioners are and other providers to highlight where loca authorities, education settings, health providers working well, or challenge when changes families and then work in partnership with local for our families. We gather the views of local We work with organisations that provide services





GET INVOLVED - YOUR VOICE IS KEY TO OUR SUCCESS!

or email hello@warwickshireparentcarervoice.org for more information Visit our website: www.warwickshireparentcarervoice.org

# Help to pay your household bills

Are you, or is anyone you know, struggling to pay energy bills?

If you or someone you know are struggling financially and unable to afford to pay their gas or electricity bill, please call the Local Welfare Scheme in confidence.

Call 0800 408 1448 between 4 and 22 April 2022.

www.warwickshire.gov.uk/localwelfarescheme



The Household
Support Fund
can help
households in
need of support



# Do you need help to access food and manage your money?

www.warwickshire.gov.uk/facinghardship

## Warwickshire Local Welfare Scheme

The Warwickshire Local Welfare Scheme helps the most vulnerable residents at times of unavoidable crisis when they have no other means of help.

It also administers the Household Support Fund, which provides one-off financial support for people in need as the country continues its recovery from the pandemic. It can help families with children, other vulnerable households and individuals facing hardship this winter, to ensure that they have the support they need to afford food, energy, water bills and associated costs. To enquire or apply call the Local Welfare Scheme.

Visit: www.warwickshire.gov.uk/ localwelfarescheme Call: 0800 408 1448

or 01926 359182







## Strings Project

Suitable for Children aged 4-7 (typically in Reception, Year 1 and 2)

# Starting September 2023

Helping to create the next generation of musicians and young string players in Warwickshire

Limited places available

Running Saturday mornings in term time (10 sessions per term and including extra mini-concerts at the end of the Christmas and Summer terms), the project is led by experienced teacher and violinist Barbara O'Reilly.

What will my child be doing?

Pre-Instrumental Musicianship - Foundation Stage: The pre-instrumental class, based on Dalcroze and Kodály concepts, uses singing and movement to develop the musical skills required for learning an instrument.

Violin and Musicianship - Stage 1: The children begin group violin lessons whilst continuing to develop their musicianship.

Violin and Musicianship - Stage 2: The children build on their early experience of violin playing technically and musically, learning both aurally and through written music.

Saturday	Class	Ages	School Year	Cost
9.15 - 9.45 (30 min)	Pre-Instrumental Musicianship	4-5	Reception	£6/week
9.50 - 10.40 (50 min)	Violin and Musicianship Stage 1	5-7	Year 1-2	£10/week (or £12 including violin rental)
10.45 - 11.35 (50 min)	Violin and Musicianship Stage 2	5-7	Year 1-2	£10/week (or £12 including violin rental)

Please note a parent must stay with their child every week.

#### Where?

In our purpose-built studio at Presto Music, 23 Regent Grove, Leamington, CV32 4NN

#### When?

Autumn Term: from 16th September to 2nd December (excluding Half term) plus extra

Christmas play-together on 9th December

Spring Term: from 6th January to 23th March (excluding Half term)
Summer Term: from 13th April to 29th June (excluding Half term) plus extra summer concert on 6th July

### Financial Support

Presto Music strongly believes that money should not be a barrier to opportunities. If you need help please contact us and we will do everything we can to assist.

## To register, visit:



INTERESTED IN OTHER CLASSES?

Please visit www.prestomusic.com/classes to register an interest.